

L Guess Jewellers Arundel Triathlon 2010 - Provisional Results

First name	Last name	Race Nos	Gender	Age Category	Club	Swim	T1 Time	Cycle	T2	Run	Finish time	Overall position	Category position
Dominic	Chapman	215	Male	35-39	Tuff Fitty Triathlon Club	00:06:36	00:00:31	00:31:32	00:00:25	00:19:43	00:58:51	1	1
Christian	Faires	216	Male	30-34	Tuff Fitty Triathlon Club	00:06:40	00:00:43	00:32:01	00:00:34	00:19:29	00:59:30	2	1
Paul	Blackmore	223	Male	40-44	The Tom Hills Experience	00:06:57	00:00:31	00:30:30	00:00:25	00:21:27	00:59:52	3	1
Rory	Bryan	208	Male	40-44	Royal Navy Triathlon	00:06:40	00:00:22	00:31:45	00:00:32	00:20:32	00:59:54	4	2
Bob	Novis	202	Male	55-59	Brighton Phoenix Tri	00:06:08	00:00:43	00:33:06	00:00:31	00:20:32	01:01:03	5	1
John	Marinko	226	Male	45-49	Brighton Phoenix Tri	00:07:38	00:00:28	00:31:31	00:00:27	00:21:05	01:01:12	6	1
James	Stewart	201	Male	35-39	The Tom Hills Experience	00:06:23	00:00:25	00:33:14	00:00:18	00:21:04	01:01:27	7	2
Tony	Donnelly	224	Male	45-49	The Tom Hills Experience	00:07:06	00:00:44	00:32:36	00:00:32	00:21:07	01:02:07	8	2
James	Ryan	211	Male	30-34	Bodyworks XTC	00:06:35	00:00:37	00:31:47	00:00:23	00:23:10	01:02:34	9	2
Nigel	Herron	254	Male	45-49	Brighton Phoenix Tri	00:08:06	00:00:34	00:33:02	00:00:26	00:21:47	01:03:58	10	3
Andy	Strong	213	Male	25-29	Tuff Fitty Triathlon Club	00:06:23	00:00:41	00:34:38	00:00:31	00:21:46	01:04:02	11	1
Lee	Cullen	207	Male	20-24	Team REP	00:06:10	00:00:36	00:34:20	00:00:25	00:22:46	01:04:19	12	1
Steve	Head	232	Male	45-49	David Lloyd Brighton	00:07:20	00:00:50	00:32:41	00:01:00	00:22:54	01:04:48	13	4
Oliver	Hendey	203	Male	30-34	Brighton Phoenix Tri	00:04:48	00:03:18	00:00:00	00:00:42	00:23:11	01:05:01	14	3
Joe	Norcross Webb	246	Male	Junior	Chichester Triathlon Club	00:07:30	00:00:51	00:33:54	00:00:37	00:22:18	01:05:13	15	1
Till	Sanderson	206	Male	40-44	Tuff Fitty Triathlon Club	00:05:59	00:00:38	00:36:06	00:00:46	00:21:50	01:05:22	16	3
Claire	Nichols	217	Female	30-34	Southampton Triathlon Club	00:05:37	00:01:57	00:36:47	00:00:48	00:20:13	01:05:25	17	1
Karn	Sandilands	220	Male	35-39	Phoenix Triathlon Club	00:06:57	00:01:27	00:35:10	00:00:55	00:21:02	01:05:33	18	3
Damian	Brewer	221	Male	30-34	Phoenix Triathlon Club	00:06:58	00:00:46	00:34:44	00:00:30	00:22:33	01:05:35	19	4
Simon	James	225	Male	45-49	Steyning AC	00:06:43	00:00:45	00:36:27	00:00:39	00:21:04	01:05:41	20	5
Graham	Powell	229	Male	45-49	The Tom Hills Experience	00:06:59	00:00:26	00:34:03	00:00:23	00:23:57	01:05:51	21	6
Richard	Hobbs	243	Male	30-34	Tuff Fitty Triathlon Club	00:07:11	00:00:42	00:36:10	00:00:37	00:21:19	01:06:00	22	5
Marc	Townsend	255	Male	30-34	Brighton Phoenix Tri	00:07:07	00:00:54	00:35:43	00:00:33	00:21:46	01:06:06	23	6
Stuart	Durand	204	Male	40-44	Brighton Phoenix Tri	00:06:07	00:34:24	00:00:00	00:00:52	00:24:44	01:06:10	24	4
Adrian	Brown	241	Male	55-59	Steyning AC	00:07:24	00:00:48	00:34:30	00:00:32	00:23:42	01:06:58	25	2
Jonty	Robinson	408	Male	30-34		00:06:58	00:00:50	00:35:34	00:01:52	00:22:06	01:07:23	26	7
Polly	Mosley	205	Female	20-24	Tuff Fitty Triathlon Club	00:05:58	00:00:51	00:37:39	00:00:47	00:23:02	01:08:20	27	1
Andrew	Gomm	264	Male	35-39	Tuff Fitty Triathlon Club	00:06:23	00:01:24	00:36:22	00:00:43	00:23:30	01:08:24	28	4
Simon	Palmer	308	Male	40-44	Tuff Fitty Triathlon Club	00:08:44	00:00:38	00:34:21	00:01:02	00:23:44	01:08:31	29	5
Robert	Mountain	242	Male	30-34	Tuff Fitty Triathlon Club	00:07:42	00:00:35	00:36:17	00:00:42	00:23:16	01:08:35	30	8
Nigel	Killner	275	Male	40-44	The Tom Hills Experience	00:08:37	00:00:50	00:35:18	00:00:26	00:23:29	01:08:44	31	6
Micaela	Floyd	245	Female	35-39	Tuff Fitty Triathlon Club	00:07:14	00:00:35	00:37:56	00:00:36	00:22:24	01:08:49	32	1
Howard	Bayley	321	Male	35-39	Tuff Fitty Triathlon Club	00:08:59	00:00:46	00:34:03	00:00:36	00:24:23	01:08:50	33	5
Ian	Taylor	314	Male	40-44	Chichester Westgate Triathlon Club	00:08:05	00:01:07	00:36:19	00:00:24	00:22:56	01:08:53	34	7
Steve	Furniss	374	Male	45-49	Tuff Fitty Triathlon Club	00:09:30	00:00:57	00:34:35	00:00:38	00:23:21	01:09:02	35	7
Simon	Flatau	347	Male	35-39	Blackheath & Bromley Harriers Tri	00:09:17	00:00:40	00:37:26	00:00:29	00:21:18	01:09:13	36	6
Sandra	Mowat	212	Female	40-44	Bodyworks XTC	00:06:53	00:01:08	00:37:30	00:00:21	00:24:11	01:10:06	37	1
Stephen	Farrow	297	Male	35-39	The Tom Hills Experience	00:08:17	00:00:50	00:36:07	00:00:36	00:24:15	01:10:08	38	7
Ian	Wheeler	304	Male	40-44	Tuff Fitty Triathlon Club	00:08:33	00:00:54	00:36:52	00:00:56	00:22:53	01:10:10	39	8
Steve	Kircher	251	Male	40-44	Tuff Fitty Triathlon Club	00:07:33	00:00:51	00:37:33	00:00:33	00:23:45	01:10:18	40	9
Anthony	Winter	280	Male	30-34	The Tom Hills Experience	00:08:17	00:00:52	00:39:27	00:00:57	00:21:13	01:10:48	41	9
Josie	Dade	289	Female	25-29	Phoenix Triathlon Club	00:06:47	00:00:49	00:39:02	00:00:43	00:23:36	01:11:00	42	1
Andrew	Ringer	307	Male	20-24	North Derbyshire Running Club	00:07:27	00:01:07	00:37:24	00:00:30	00:24:30	01:11:00	43	2
Dominic	Amey	256	Male	35-39	Tuff Fitty Triathlon Club	00:08:06	00:01:12	00:36:16	00:00:51	00:24:47	01:11:14	44	8
Alastair	Kennaugh	284	Male	55-59	Royal Navy Triathlon	00:08:15	00:00:50	00:37:12	00:00:52	00:24:35	01:11:47	45	3
Tony	Pearce	409	Male	50-54		00:07:35	00:01:08	00:38:17	00:00:41	00:24:09	01:11:53	46	1
Mitchell	Beckinsale	273	Male	40-44	Tuff Fitty Triathlon Club	00:08:10	00:00:52	00:36:49	00:00:49	00:25:23	01:12:05	47	10
Daniel	Cox	334	Male	30-34	Dark Horse Sports	00:08:12	00:01:34	00:37:47	00:00:41	00:24:02	01:12:18	48	10
Grahame	Moss	288	Male	30-34	Team T.H.T	00:07:06	00:00:50	00:37:59	00:00:40	00:25:45	01:12:23	49	11
Graeme	Garthwaite	259	Male	35-39	Esporta Brighton	00:07:18	00:00:54	00:36:57	00:00:53	00:26:19	01:12:24	50	9
James	Baird	340	Male	35-39	Tuff Fitty Triathlon Club	00:08:06	00:02:13	00:36:06	00:01:31	00:24:32	01:12:30	51	10
Richard	Turrell	337	Male	40-44	Tuff Fitty Triathlon Club	00:09:00	00:01:12	00:38:11	00:00:34	00:23:51	01:12:50	52	11
Emily	Iredale	257	Female	25-29	Midhurst Milers	00:08:32	00:01:03	00:38:47	00:00:42	00:24:02	01:13:09	53	2
Mandy	Border	335	Female	30-34	Dark Horse Sports	00:08:10	00:01:09	00:38:45	00:00:44	00:24:34	01:13:24	54	2
Mark	Vinall	228	Male	35-39	Amphibians 2 TC	00:07:14	00:01:01	00:38:54	00:00:50	00:25:33	01:13:34	55	11
Vaughan	Lloyd	214	Male	55-59	Brighton David Lloyd	00:07:02	00:00:49	00:37:05	00:00:47	00:27:53	01:13:39	56	4
Dave	McMahon	286	Male	45-49	Tuff Fitty Triathlon Club	00:08:10	00:00:52	00:38:13	00:00:41	00:26:12	01:14:11	57	8
Chris	Levitt	222	Male	35-39	Tuff Fitty Triathlon Club	00:06:47	00:01:22	00:37:36	00:00:48	00:27:41	01:14:16	58	12
Lisa	Jones	253	Female	40-44	Steyning AC	00:07:43	00:01:18	00:38:18	00:00:52	00:26:06	01:14:20	59	2
Mark	Ellison	345	Male	50-54	Blackheath & Bromley Harriers Tri	00:10:11	00:01:14	00:38:17	00:01:08	00:23:28	01:14:21	60	2
Colin	Bushby	258	Male	60-64	Esporta Brighton	00:07:54	00:00:59	00:39:53	00:00:31	00:25:07	01:14:27	61	1
Pat	Allen	230	Male	35-39	The Tom Hills Experience	00:08:03	00:00:40	00:38:45	00:00:34	00:26:27	01:14:32	62	13
Chandra	Morton	274	Female	40-44	Chichester Westgate Triathlon Club	00:07:47	00:00:31	00:39:58	00:00:38	00:25:51	01:14:48	63	3
James	Cristofoli	357	Male	25-29	David Lloyd Brighton	00:09:01	00:00:42	00:39:54	00:00:50	00:24:22	01:14:51	64	2
Graham	Rolfe	249	Male	35-39	Tuff Fitty Triathlon Club	00:07:49	00:01:52	00:38:41	00:00:41	00:25:47	01:14:52	65	14
Rebecca	Hughes	239	Female	25-29	Brighton Phoenix Tri	00:06:48	00:01:46	00:39:25	00:00:50	00:26:07	01:14:59	66	3
Angela	Gates	244	Female	30-34	Tuff Fitty Triathlon Club	00:07:23	00:01:04	00:39:39	00:00:28	00:26:24	01:15:01	67	3
Stuart	Hutson	261	Male	35-39	Esporta Brighton	00:07:20	00:01:33	00:40:57	00:00:29	00:24:56	01:15:17	68	15
Mark	Ansell	358	Male	30-34	David Lloyd Brighton	00:09:32	00:01:08	00:38:58	00:00:35	00:25:06	01:15:21	69	12
Kevin	Nind	263	Male	45-49	Esporta Brighton	00:07:04	00:00:53	00:39:46	00:01:03	00:26:36	01:15:24	70	9
Andrew	Moulding	293	Male	45-49	East Grinstead Tri Club	00:08:09	00:01:10	00:38:42	00:00:53	00:26:29	01:15:26	71	10
Meredydd	Harries	319	Female	50-54	Chichester Westgate Triathlon Club	00:08:10	00:01:13	00:38:00	00:01:17	00:26:47	01:15:30	72	3
Tracy	Caudle	292	Female	40-44	East Grinstead Tri Club	00:08:17	00:00:56	00:39:17	00:00:30	00:26:40	01:15:43	73	4
Luke	Smallman	265	Male	40-44	Tuff Fitty Triathlon Club	00:07:29	00:01:35	00:39:25	00:01:11	00:26:03	01:15:46	74	12
Peter	Woodhouse	270	Male	40-44	Ful-on-Tri	00:08:15	00:01:00	00:07:01	00:36:00	00:23:41	01:15:59	75	13
Philip	Ingram	250	Male	35-39	Tuff Fitty Triathlon Club	00:06:45	00:02:19	00:40:16	00:01:01	00:25:35	01:16:00	76	16
Martin	Gill	266	Male	40-44	Tuff Fitty Triathlon Club	00:08:12	00:01:40	00:39:09	00:00:49	00:26:18	01:16:11	77	14

Ian	Parfremont	361	Male	40-44	David Lloyd Brighton	00:09:20	00:03:24	00:47:31	00:00:37	00:30:20	01:31:14	158	25
Shaun	Dowling	320	Male	40-44	Chichester Westgate Triathlon Club	00:09:55	00:02:26	00:48:51	00:01:41	00:28:19	01:31:15	159	26
Stacy	Hixon	364	Female	25-29	Tuff Fitty Triathlon Club	00:09:47	00:02:13	00:47:05	00:01:29	00:31:27	01:32:03	160	6
Paul	Dorkings	356	Male	30-34	David Lloyd Brighton	00:08:39	00:01:51	00:48:05	00:00:29	00:33:03	01:32:10	161	22
Lesley	Brodie	349	Female	40-44	Blackheath & Bromley Harriers Tri	00:10:58	00:02:07	00:47:23	00:00:44	00:31:05	01:32:19	162	10
Lucy	Mosley	352	Female	25-29	David Lloyd Brighton	00:08:41	00:01:58	00:50:43	00:01:14	00:30:05	01:32:42	163	7
Tessa	Bangert	323	Female	45-49	Tuff Fitty Triathlon Club	00:09:14	00:02:24	00:50:37	00:01:43	00:28:59	01:32:59	164	3
Jade	Weston	236	Female	30-34	David Lloyd Brighton	00:07:47	00:01:22	00:50:35	00:00:46	00:32:49	01:33:22	165	8
Diane	Nind	339	Female	40-44	Tuff Fitty Triathlon Club	00:10:04	00:01:04	00:49:27	00:00:48	00:31:59	01:33:25	166	11
Martine	Waller	363	Female	40-44	David Lloyd Brighton	00:10:16	00:02:49	00:48:45	00:00:46	00:31:18	01:33:57	167	12
Amanda	Adams	348	Female	40-44	Blackheath & Bromley Harriers Tri	00:10:54	00:02:44	00:51:29	00:00:37	00:28:58	01:34:44	168	13
Ashley	Rutland	237	Male	35-39	Hailsham Harriers	00:08:18	00:01:42	00:49:51	00:00:36	00:34:16	01:34:46	169	31
Jayne	Dearnley	370	Female	45-49	Chichester Westgate Triathlon Club						01:35:12	170	4
Carolyn	Walker	326	Female	40-44	Chichester Westgate Triathlon Club	00:08:42	00:02:47	00:51:34	00:01:44	00:30:35	01:35:25	171	14
Ian	Clark	341	Male	50-54	Tuff Fitty Triathlon Club	00:10:53	00:02:14	00:44:10	00:00:39	00:37:57	01:35:56	172	10
Arthur	Baylis	302	Male	25-29	Tuff Fitty Triathlon Club	00:08:46	00:02:35	00:48:46	00:01:59	00:33:49	01:35:57	173	8
Nick	Bailey	343	Male	50-54	Portsmouth Triathletes	00:12:04	00:02:27	00:47:36	00:01:08	00:33:01	01:36:19	174	11
Rowena	Hawkesworth	391	Female	25-29	Tuff Fitty Triathlon Club	00:09:00	00:02:00	00:45:12	00:01:18	00:39:21	01:36:54	175	8
Karen	Baird	330	Female	35-39	Team T.H.T	00:08:49	00:02:29	00:52:26	00:00:54	00:34:29	01:39:10	176	7
Susie	Viner	324	Female	25-29	Tuff Fitty Triathlon Club	00:09:03	00:03:07	00:54:56	00:01:00	00:31:07	01:39:15	177	9
Simon	Boxall	385	Male	35-39	Tuff Fitty Triathlon Club	00:10:30	00:01:25	00:50:36	00:00:34	00:36:38	01:39:46	178	32
Cathryn	Fletcher	403	Female	40-44	Tuff Fitty Triathlon Club	00:11:06	00:03:13	00:55:33	00:01:31	00:34:21	01:45:48	179	15
Paul	Thomas	344	Male	50-54	Brighton Phoenix Tri	00:10:09	00:05:15	00:46:06	00:02:29	00:42:14	01:46:17	180	12
Laura	Sanders	380	Female	25-29	Tuff Fitty Triathlon Club	00:09:09	00:03:03	00:54:37	00:00:51	00:39:42	01:47:25	181	10
Roger	Mills	400	Male	50-54	Tuff Fitty Triathlon Club	00:09:32	00:10:49	00:56:01	00:00:30	00:31:43	01:48:38	182	13
Nina	Couchman	389	Female	55-59	Tuff Fitty Triathlon Club	00:11:27	00:02:06	00:56:45	00:01:09	00:40:01	01:51:31	183	1
Blessed	Kamera	377	Female	25-29	Tuff Fitty Triathlon Club	00:11:23	00:03:44	01:18:42	00:00:57	00:45:45	02:20:33	184	11
Lisa	Robinson	209	Female	40-44	Royal Navy Triathlon	DNS	DNS	DNS	DNS	DNS	DNS	185	
Andrew	Soppitt	210	Male	45-49	Chichester Westgate Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	186	
Maisie	Johnston	233	Female	40-44	David Lloyd Brighton	DNS	DNS	DNS	DNS	DNS	DNS	187	
Susan	Wade	247	Female	40-44	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	188	
Colin	Downton	260	Male	30-34	Esporta Brighton	DNS	DNS	DNS	DNS	DNS	DNS	189	
Jason	Purcell	269	Male	40-44	Ful-on-Tri	DNS	DNS	DNS	DNS	DNS	DNS	190	
Simon	James	277	Male	40-44	The Tom Hills Experience	DNS	DNS	DNS	DNS	DNS	DNS	191	
Paul	Twyford	281	Male	45-49	The Tom Hills Experience	DNS	DNS	DNS	DNS	DNS	DNS	192	
Simon	Mills	285	Male	30-34	Thames Turbo	DNS	DNS	DNS	DNS	DNS	DNS	193	
Jodie	Heath	294	Female	25-29	East Grinstead Tri Club	DNS	DNS	DNS	DNS	DNS	DNS	194	
James	Picking	298	Male	35-39	The Tom Hills Experience	DNS	DNS	DNS	DNS	DNS	DNS	195	
Samantha	Wills	325	Female	30-34	Chichester Westgate Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	196	
Kirsty	Evans	333	Female	30-34	Dark Horse Sports	DNS	DNS	DNS	DNS	DNS	DNS	197	
Sarah	Charlesworth	351	Female	40-44	Blackheath & Bromley Harriers Tri	DNS	DNS	DNS	DNS	DNS	DNS	198	
Laura-Anne	Plowright	353	Female	25-29	David Lloyd Brighton	DNS	DNS	DNS	DNS	DNS	DNS	199	
Richard	Jones	355	Male	45-49	David Lloyd Brighton	DNS	DNS	DNS	DNS	DNS	DNS	200	
Alex	Von Haselberg-Palyvo	360	Female	30-34	David Lloyd Brighton	DNS	DNS	DNS	DNS	DNS	DNS	201	
Chris	Wheeler	362	Male	30-34	David Lloyd Brighton	DNS	DNS	DNS	DNS	DNS	DNS	202	
Tessa	Meijer	365	Female	45-49	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	203	
Matthew	Manning-Smith	379	Male	30-34	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	204	
Patience	Noble	388	Female	40-44	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	205	
Jason	Boyer	397	Male	35-39	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	206	
Martin	Balmer	399	Male	35-39	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	207	
Christopher	Nutting	401	Male	40-44	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	208	
Chris	Simms	402	Male	35-39	Tuff Fitty Triathlon Club	DNS	DNS	DNS	DNS	DNS	DNS	209	