



Sandbanks – River Adur

Depending on the time you pass the sandbanks will determine whether they're submerged or not. **There are no significant sandbanks in the first 2.5km of the swim**

**Sandbank 1.** Right hand side – likely to be submerged

**Sandbank 2.** Left hand side – likely to be visible to all except for the fastest Fin Swimmers

**Sandbank 3.** Middle of river before the Tollbridge - – likely to be visible to all except for the fastest Fin Swimmers