



RUN THE SEASONS

AT COWDRAY

FINAL RACE OF THE SERIES

Friday 28th June

Our Run the Seasons Series will culminate on a summer's evening in June where the run will take you around the famous polo fields of Cowdray and out to Ambersham Common. The last race in the series will also see a presentation for the overall winners, as well as a BBQ and bar to celebrate the end of the series for all runners and supporters.



www.cowdray.co.uk/events



RUN THE SEASONS

2024 - 2025 SERIES

Run the Seasons returns for a new series and a chance to explore Cowdray like never before.

Runners can choose from 5km, 10km, 10mile or canicross.

Run every season for a chance to be crowned series winner.



Saturday
12th October
9am

Saturday
7th December
5pm

Saturday
5th April
9am

Friday
27th June
7pm