



DYNAMIC MOVEMENT THERAPY

THERAPY & WELLBEING

# EVENT RECOVERY ZONE

**Presented by Dynamic Movement Therapy**

Experience relief and improved mobility – quickly.

◆ £10 ◆

## **15-Minute Compression Leg Therapy PULSIO Recovery Boots**

Enhance circulation, alleviate soreness,  
and rejuvenate fatigued legs.

◆ £10 ◆

## **10-Minute Sports Massage Treatment**

Release tight muscles, soothe discomfort,  
and regain your focus.

◆ £18 (save £2) ◆

## **The Recovery Combo – Best Value! Massage + Compression**

1. Begin with a 10-minute massage to alleviate tension and eliminate toxins.
2. Continue with 15 minutes in compression boots for an accelerated recovery.

**Reserve your spot now with one of our team members at the stand.**

Book at our stand or scan  
the QR code to secure your  
appointment in advance!



Interested in more? Apply your £10 event recovery fee as credit at  
our Pulborough clinic when you schedule within 7 days.