



Charity no. 1053384



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Romero Run 5km & 10km

Sunday 21st April 2024 | Start 09:30hrs | Car Park at school open from 08:15hrs

Thank you for entering Oscar Romero Schools inaugural run. By entering, you have helped the PTA to fundraise for improved sports facilities at the school.

Arrival & Parking: Head for St Oscar Romero School, Goring Street, Goring-by-Sea, Worthing BN12 5AF. You'll be directed towards the netball courts by staff and pupils from the school. Toilets are located at the school and will be clearly signed.

Registration: Registration will take place at the event gazebos near the finish area. This is where you can collect your race number and safety pins. You can leave any clothing at one of the gazebos at your own risk, but please no valuables. There will always be a PTA member by the gazebos.

Water: IMPORTANT There are no water stations on the course, you need to be self-sufficient. Please bear this in mind if it's hot. Water will be located at the start and finish.

Race briefing: This will take place on the start line.

- The route will be signed and marshalled
- Marshals will be at the key points on the course and on the three main crossing points
- Timing will be via Results Base android timing system and will be live at the finish.
- All runners will receive a bespoke medal & drinks.
- [Maps are online](#)

RUN COURSE (PLEASE READ)

5km runners will have **white** numbers, **10km** will have **orange**.

Make sure you know what direction you're running in at the 'Course Split' location and finish.

5km & 10km Course: Both runs start on the playing field at the school.

5km runners will exit the field immediately.

10km runners will complete **two laps of the playing field** before exiting the field.

Exit the playing field and school complex and head out onto Goring Street, turn right on the Goring Way and remain on the pavement until you reach **CROSSING POINT 1**. There is a road closure notice in force for all the crossing points in the race and these will be manned by 3 marshals in hi-vis jackets. They will temporarily stop the traffic to enable you to cross the road. Please be sensible at this and the other crossing points and follow their instructions. Once on the south side of Goring Way, follow the road to Sea Lane in Ferring and turn left. Follow the pavement to the sea until you reach **CROSSING POINT 2**. This is at the junction/bend by Sea Lane and Marine Drive. Again, cross the road under the instruction of the marshals; you'll now be running along the coastal path. When you reach The Plantation at Ilex Way woods (there are public toilets at this location) turn left into the woods and follow the track to **CROSSING POINT 3**, which is Marine Drive.

All tracks in the woods are clearly visible, but watch your footing for any tree roots/stumps. We will spray fluorescent paint on some of the more prominent roots. Run straight across into the next section of woods until you get to **CROSSING POINT 4**. Run across the road and follow the left-hand track which will be signed. Run diagonally across the playing field until you reach the Cricket Ground. At this point keep to the right side on the footpath. Run towards the gate which has a bright yellow height barrier above it and you are now on the main track for Ilex Way. **THIS IS THE LOCATION WHERE THE COURSE SPLITS**. 10km run turns left, 5km run crosses to Fernhurst Drive.

5km & 10km Run. When crossing from the Ilex Way track into Fernhurst Drive, PLEASE cross the road safely yourself. This is a very quiet residential street, but it is popular with dog walkers so cars might be approaching. Follow Fernhurst Drive into Rudgwick Avenue until you reach **CROSSING POINT 1** again on Goring Way. Cross over the road when directed by the marshals and head back to the school. **5km runners** head straight to the finish line.

The 10km course turns left along Ilex Way for the start of the 2nd lap, which eventually joins the original route in Sea Lane, Ferring for the start of your second lap. Follow the same course down to the sea, coastal path and Plantation Woods before returning to the 'Course Split' location. At this point, follow the instructions above to take you back to the school. When you reach the school, follow the school road round towards the netball court and onto the playing field for a half lap finish.

Marshals will cover the main junctions and crossing points on the course. Yellow directional arrows will mark areas not covered by a marshal.

FINISH: Medals, tea, coffee & water will be available to all runners at the finish line. Bacon rolls and flapjack will also be available for a small fee which will be put to the fundraising.

RESULTS: Will be live as runners cross the finish line at <https://www.resultsbase.net/>

Maps: Course maps and Race HQ set up can be seen on the [event page](#):

IMPORTANT: If for any reason you withdraw during the race, PLEASE make sure you let the race organiser or one of the marshals know.

Safety advice

- The emergency contact number for the race crew is 07414 859984.
- A lead and sweep mountain bike will patrol the course during the race.

Enjoy your run and on behalf of the PTA at St Oscar Romero School, thanks for making a difference to the schools fundraising – we appreciate it.

