Thank you for supporting St Oscar Romero School and Friends of Romero's who have been key in the events success. Any profit from the run will go directly to fundraising projects for the school. It was a pleasure to organise the race for them and I'm sure it'll get bigger and better each year.

Congratulations to all runners, it was great to see so many children enjoying themselves. New this year was the Kids Romero Rave Run which was a huge success with 58 children experiencing the sights and sounds of the 'Rave' and keeping fit at the same time. Congratulations to Reenie Thompson-Bartlett and Harryson Crowley first boy and girl.

First across the line overall in the 5km run was Ritchie Leccia in 20:48, closely followed by Emily Carman (Worthing Harriers) in 21:27. In the Over 40 (Vet) category, first male was Neil Coleman (joint second overall) in 21:27 and first female was Grace Henderson (Run Academy Worthing) in 29:57. First Junior was James Neale (Worthing Harriers) in 22:12 and first Junior female was Mylie Corbett in 22:45. This year we included an Under 12 category for the 5km and this was won by Charlie Carman and Hope Byrne, both from Worthing Harriers in 21:34 and 26:41 respectively

The 10km run was won by two Veterans Michael McLaughlin in 38:34 and Laura Stennett in 45:57, both times were course records, so congratulations to you both. Steve Pigott (Worthing Gazelles) was first male vet in 42:45 with Adel Greene (Pound Hill Pounders) in 49:12.

You can enjoy FREE unlimited race images courtesy of Sussex Sport Photography who were on the coastal path. https://bit.ly/REP-Romero-Run-2024-Gallery

Thanks to our race partner Oatopia Flapjack for providing the winners Gift Boxes. Make sure you pay them a visit; they've been at the London Marathon Expo all week. https://www.oatopia.co.uk/

If you haven't seen the results yet, this is the link https://www.resultsbase.net/event/6797/results If you click your name, you'll see the pace & speed. Please let us know if you have any timing queries.

We hope you have a good summer and look forward to seeing you at another Raw Energy event soon.

https://rawenergypursuits.co.uk/

Mick

Raw Energy Pursuits & Friends of Romero's. www.rawenergypursuits.co.uk