

- Mount bike on the road, ride to the top of Cripplegate Lane
- Turn left at junction, **STRAIGHT AHEAD** at first roundabout then on to the A24 roundabout
- Take 3rd exit on roundabout (go back on yourself) towards Southwater – see detail in **BIKE START** inset map
- Left turn into Church Lane and up Bonfire Hill. Down hill to T junction; give way to traffic. Turn right – **see caution notes on map**
- Next left hand turn into Trout Lane, signposted to Coolham.
- At Coolham crossroads, turn **sharp** left onto the A272 – **see caution notes on map**
- Straight across traffic lights opposite McDonalds restaurant; you must stop if lights are red. 2nd traffic lights, filter left onto the A24, heading north
- At roundabout, take 1st exit to Southwater, and 2nd right into Cripplegate Lane. **DISMOUNT ON ROAD**. Undo helmet **ONLY** after racking bike.

Cycle Route – 1 lap

