

### L Guess Jewellers Angmering Bluebell 10km Trail Run Provisional Results 2014

Race No	Name	Gender	Category	Club	Pace (from gun)	Time	Pos
51	Michael Caffyn	Male	U40	Arunners RC	3:43 min/km	00:37:14	1
284	Alan Silvester	Male	U40	Arena 80	3:44 min/km	00:37:21	2
1	Tom Jackson	Male	Vet50+	Team Raw Energy	3:53 min/km	00:38:54	3
27	Kevin Batt	Male	U40	Chichester Runners	3:56 min/km	00:39:22	4
296	Johanna Spannagl	Female	U40		3:56 min/km	00:39:25	5
361	Kev Pearson	Male	Vet40+	Tuff Fitty Tri Club	4:03 min/km	00:40:37	6
287	David Slater	Male	U40		4:04 min/km	00:40:45	7
60	Joe Charman	Male	U40		4:05 min/km	00:40:55	8
169	Peter Knee	Male	Vet40+	Arena 80	4:07 min/km	00:41:10	9
204	Steve Mcnealy	Male	Vet40+	Arena 80	4:07 min/km	00:41:10	9
49	Christopher Burgin	Male	U40		4:09 min/km	00:41:32	11
366	Oliver Mcdonald	Male	U40		4:10 min/km	00:41:43	12
297	Tim Speller	Male	U40	Aqua Speed	4:10 min/km	00:41:47	13
371	Peter Watson	Male	U40	Run Wednesdays	4:14 min/km	00:42:24	14
266	David Risebrow	Male	U40	Team TCUK	4:17 min/km	00:42:52	15
133	Stephen Hasler	Male	Vet40+	Chichester Westgate Triathlon Club	4:19 min/km	00:43:16	16
146	Simon Horner	Male	U40		4:20 min/km	00:43:20	17
107	Dave Ford	Male	Vet40+		4:21 min/km	00:43:37	18
315	Kieran Thomas	Male	U40		4:22 min/km	00:43:43	19
326	Tommy Verrall	Male	U40		4:24 min/km	00:44:00	20
295	Joe Solti	Male	Vet40+		4:24 min/km	00:44:03	21
84	Mark Derham	Male	Vet40+		4:24 min/km	00:44:06	22
281	Gavin Sewell	Male	U40		4:25 min/km	00:44:16	23
12	Terry Avey	Male	Vet60+	Brighton Phoenix	4:26 min/km	00:44:20	24
349	Robert Zietal	Male	U40		4:27 min/km	00:44:37	25
112	Ben Frier	Male	U40		4:28 min/km	00:44:40	26
202	Nick Mcdonald	Male	U40	Worthing & District Harriers	4:29 min/km	00:44:53	27
223	Michael Neale	Male	Vet50+		4:29 min/km	00:44:58	28
316	Toni Thomas	Female	U40		4:30 min/km	00:45:02	29
126	Rob Hammond	Male	U40		4:31 min/km	00:45:12	30
194	Paul Martin	Male	U40	Tuff Fitty Tri Club	4:31 min/km	00:45:17	31
234	Michael Osborn	Male	Vet60+	Fittleworth Flyers	4:32 min/km	00:45:26	32
111	Mark Friend-James	Male	Vet40+		4:33 min/km	00:45:36	33
101	Jo Fleming	Male	Vet40+		4:35 min/km	00:45:50	34
148	Paul Howie	Male	U40	Tuff Fitty Tri Club	4:36 min/km	00:46:07	35
136	John Hardy	Male	Vet60+	Lancing Eagles	4:37 min/km	00:46:12	36
30	Sarah Bell	Female	U40		4:37 min/km	00:46:19	37
161	Mike Jones	Male	Vet40+		4:43 min/km	00:47:19	38
114	Dino Giordaenlli	Male	U40		4:44 min/km	00:47:23	39
256	Ian Puttock	Male	Vet40+	Worthing Striders	4:46 min/km	00:47:42	40
369	Richard Stubbings	Male	Vet60+	Goring Road Runners	4:46 min/km	00:47:48	41
308	Phil Stubbs	Male	Vet40+	Tuff Fitty Tri Club	4:47 min/km	00:47:51	42
364	Matthew Waterhouse	Male	U40		4:47 min/km	00:47:53	43
195	Richard Martin	Male	Vet40+		4:48 min/km	00:48:06	44
147	Simone Scott	Female	U40	Tuff Fitty Tri Club	4:49 min/km	00:48:11	45
206	Freddie Mees	Male	U40		4:54 min/km	00:49:01	46
375	Lee Fisher	Male	UNK		4:57 min/km	00:49:35	47
168	Angus Kirby	Male	Vet50+	Worthing Striders	4:57 min/km	00:49:39	48
160	Ian Jones	Male	U40	Crawley Tri Club	4:59 min/km	00:49:55	49
145	Gary Holford	Male	Vet50+		5:01 min/km	00:50:20	50
208	Gavyn Mewett	Male	U40		5:02 min/km	00:50:29	51
130	Sue Harris	Female	Vet50+	Horsham Amphibians Triathlon Club	5:03 min/km	00:50:37	52
8	Tim Arnold	Male	U40		5:05 min/km	00:50:53	53

205	Simon Meecham	Male	Vet40+	Worthing & District Harriers	5:06 min/km	00:51:01	54
325	Wendy Tulley	Female	U40	Arunners RC	5:07 min/km	00:51:10	55
75	Jane Custance	Female	Vet40+	Tuff Fitty Tri Club	5:07 min/km	00:51:14	56
212	Steve Mitchell	Male	Vet40+		5:07 min/km	00:51:17	57
250	Bob Potiphar	Male	Vet50+	Arena 80	5:07 min/km	00:51:17	58
118	Brian Grigg	Male	Vet40+		5:07 min/km	00:51:19	59
283	Dave Shipway	Male	U40	DSRC	5:08 min/km	00:51:22	60
174	Justin Lanigan	Male	U40		5:08 min/km	00:51:25	61
123	Sheri Halfacree	Female	Vet40+	Arunners RC	5:10 min/km	00:51:43	62
198	David Mayfield	Male	U40		5:11 min/km	00:51:50	63
265	Andrew Riley-Watson	Male	Vet40+		5:12 min/km	00:52:04	64
6	Simon Apps	Male	U40		5:14 min/km	00:52:22	65
200	Sara Mcdonagh	Female	Vet50+		5:14 min/km	00:52:23	66
185	Ben Lutyens	Male	U40		5:15 min/km	00:52:31	67
80	Carl Davey	Male	U40	Tuff Fitty Tri Club	5:15 min/km	00:52:33	68
377	Jason Hughes	Male	U40		5:15 min/km	00:52:35	69
156	Andy Jenkins	Male	Vet50+		5:15 min/km	00:52:36	70
176	Samantha Leake	Female	U40		5:15 min/km	00:52:38	71
236	Martin Owens	Male	Vet50+		5:15 min/km	00:52:40	72
46	Michael Browne	Male	Vet50+		5:16 min/km	00:52:42	73
367	Charlotte De Raadt	Female	U40	TriDubai	5:17 min/km	00:52:50	74
242	Yogesh Patel	Male	Vet40+	Worthing Striders	5:17 min/km	00:52:58	75
181	John Little	Male	Vet40+	Lancing Eagles	5:19 min/km	00:53:11	76
298	Leanne Spencer	Female	U40		5:19 min/km	00:53:16	77
93	Anna Farmer	Female	U40		5:20 min/km	00:53:25	78
231	Michael Odell	Male	Vet50+		5:20 min/km	00:53:25	79
269	Paul Rogers	Male	U40	Run Wednesdays	5:20 min/km	00:53:28	80
78	Jamie Darling	Male	Vet40+		5:21 min/km	00:53:31	81
218	Isobel Muir	Female	U40	Arena 80	5:21 min/km	00:53:39	82
62	Evie Cicha	Female	U40	Arena 80	5:24 min/km	00:54:01	83
37	Damon Block	Male	Vet40+		5:24 min/km	00:54:05	84
376	Stephan Sykes	Male	Vet40+		5:25 min/km	00:54:10	85
263	James Ridpath	Male	Vet40+		5:25 min/km	00:54:14	86
140	Graham Hill	Male	Vet50+	Chichester Westgate Triathlon Club	5:25 min/km	00:54:17	87
4	Ruby May Allcock	Female	U40		5:25 min/km	00:54:19	88
40	Nichola Brennan	Female	U40		5:26 min/km	00:54:22	89
230	Rachel O'Brien	Female	Vet40+	Southwick Strollers	5:26 min/km	00:54:25	90
213	Andy Monk	Male	Vet40+		5:26 min/km	00:54:28	91
330	Robert Walters	Male	Vet50+		5:27 min/km	00:54:32	92
191	Nick Mae	Male	Vet50+		5:28 min/km	00:54:49	93
324	Nick Trim	Male	U40		5:29 min/km	00:54:54	94
351	Woolley Emma	Female	U40		5:29 min/km	00:54:58	95
320	Mark Thornett	Male	Vet50+		5:30 min/km	00:55:01	96
138	Sam Hicks	Female	U40		5:30 min/km	00:55:04	97
3	Ann Allcock	Female	Vet50+		5:30 min/km	00:55:07	98
29	Matthew Beard	Male	Vet50+		5:30 min/km	00:55:08	99
66	Anna Connon	Female	U40		5:31 min/km	00:55:15	100
44	Mark Brown	Male	Vet40+		5:32 min/km	00:55:24	101
313	Aaron Thatcher	Male	U40		5:32 min/km	00:55:26	102
314	Colin Thatcher	Male	Vet50+		5:32 min/km	00:55:29	103
286	Ranjit Singh	Male	Vet50+		5:33 min/km	00:55:36	104
115	Joe Godfrey	Male	Vet40+		5:34 min/km	00:55:42	105
341	Tim Wickins	Male	Vet40+		5:35 min/km	00:55:56	106
34	Helen Berry	Female	Vet40+		5:39 min/km	00:56:37	107
289	Grant Smalley	Male	U40	Tuff Fitty Tri Club	5:40 min/km	00:56:42	108

125	Louise Hallard	Female	U40	Tuff Fitty Tri Club	5:40 min/km	00:56:44	109
336	Chris Watt	Male	Vet50+		5:40 min/km	00:56:46	110
116	Nick Goodson	Male	Vet40+		5:41 min/km	00:56:58	111
217	Adam Moseley	Male	U40		5:42 min/km	00:57:01	112
337	Sarah Watts	Female	Vet50+		5:42 min/km	00:57:03	113
327	Madeleine Voice	Female	U40		5:42 min/km	00:57:05	114
291	Bob Smith	Male	Vet40+		5:42 min/km	00:57:08	115
137	Mandy Henry	Female	Vet40+		5:42 min/km	00:57:09	116
261	Clive Richardson	Male	Vet70+		5:43 min/km	00:57:10	117
21	Vicky Baldwin	Female	U40	Worthing Striders	5:43 min/km	00:57:11	118
285	Amy Sim	Female	U40	Worthing & District Harriers	5:43 min/km	00:57:13	119
31	Karen Bentley	Female	Vet40+		5:43 min/km	00:57:14	120
243	Alex Percy	Female	U40	Emerald Running Club	5:43 min/km	00:57:17	121
312	Mark Taylor	Male	Vet50+		5:43 min/km	00:57:18	122
222	Ruth Nalder	Female	Vet40+		5:44 min/km	00:57:25	123
99	Harriet Fisher	Female	U40		5:44 min/km	00:57:26	124
73	Paul Crone	Male	Vet50+		5:44 min/km	00:57:28	125
264	Julia Righton	Female	U40		5:45 min/km	00:57:36	126
355	Richard Peach	Male	Vet40+	Tone Zone Runners	5:45 min/km	00:57:38	127
22	Jim Banks	Male	Vet40+		5:46 min/km	00:57:42	128
210	Mick Millyard	Male	Vet60+		5:46 min/km	00:57:44	129
113	Debbie Gatland	Female	Vet50+	Tuff Fitty Tri Club	5:47 min/km	00:57:52	130
319	Jessica Thomson	Female	U40		5:47 min/km	00:57:56	131
68	Madison Cottrell	Female	U40	Emerald Running Club	5:48 min/km	00:58:04	132
328	Paula Wallace	Female	Vet40+	Goring Road Runners	5:49 min/km	00:58:12	133
280	Jamie Sellers	Male	Vet40+		5:50 min/km	00:58:22	134
25	Tess Bartlett	Female	Vet40+		5:52 min/km	00:58:42	135
11	Vera Austermann	Female	Vet40+		5:52 min/km	00:58:46	136
110	Mary Freestone	Female	Vet50+	Saints and Sinners Crawley	5:52 min/km	00:58:46	137
226	Eleanor Newcomer-Jones	Female	U40		5:52 min/km	00:58:49	138
238	Neil Pacey	Male	Vet40+	Tone Zone Runners	5:53 min/km	00:58:56	139
61	Mark Chopin	Male	Vet50+	Mels Milers	5:53 min/km	00:58:58	140
343	Ann Williams	Female	Vet50+	Mels Milers	5:53 min/km	00:58:59	141
56	Jenny Castle	Female	Vet50+	Fittleworth Flyers	5:54 min/km	00:59:01	142
158	David Johnson	Male	Vet50+		5:54 min/km	00:59:04	143
155	Brian Jamurath	Male	U40		5:54 min/km	00:59:06	144
317	Tracey Thomas	Female	Vet40+	Lancing Eagles	5:54 min/km	00:59:06	145
244	Melanie Perry	Female	Vet40+		5:54 min/km	00:59:08	146
196	Caroline Mason	Female	Vet50+	Brighton & Hove Womens Running Club	5:55 min/km	00:59:10	147
32	Gill Berglund	Female	Vet50+	Burgess Hill Runners	5:55 min/km	00:59:11	148
100	Stephen Fitzgibbon	Male	Vet40+		5:55 min/km	00:59:15	149
306	Lynsey Stuart	Female	U40		5:55 min/km	00:59:17	150
268	Peter Robinson	Male	Vet40+		5:56 min/km	00:59:23	151
13	Gareth Ayres	Male	U40		5:56 min/km	00:59:25	152
253	Liz Price	Female	U40		5:56 min/km	00:59:27	153
26	Holly Batchelor	Female	U20		5:56 min/km	00:59:28	154
183	Sandra Lopez	Female	U40		5:58 min/km	00:59:46	155
87	Kirsti Dove	Female	U40		5:58 min/km	00:59:47	156
7	Christine Archer	Female	Vet60+	Hove Hornets	5:59 min/km	00:59:50	157
45	Kevin Browne	Male	U40		6:01 min/km	01:00:19	158
245	David Peters	Male	Vet70+	Veterans AC	6:01 min/km	01:00:19	159
159	Claire Johnson	Female	Vet50+	Lancing Eagles	6:02 min/km	01:00:21	160
368	Jackie Bone	Female	Vet40+	Worthing Striders	6:02 min/km	01:00:25	161
97	Vicki Filson	Female	Vet40+		6:02 min/km	01:00:27	162
304	George Storton	Male	U40	Royal Navy Athletics Club	6:03 min/km	01:00:30	163

305	Elizabeth Storton	Female	U40		6:03 min/km	01:00:33	164
322	Sam Titterton	Female	U40		6:03 min/km	01:00:37	165
119	Bryony Griggs	Female	U40	Fitso	6:03 min/km	01:00:39	166
187	Graham Lyne	Male	Vet50+	Tone Zone Runners	6:04 min/km	01:00:42	167
69	Els Coumans	Female	Vet40+		6:05 min/km	01:00:53	168
260	Sarah Richardson	Female	U40		6:07 min/km	01:01:11	169
28	Carina Bauer	Female	U40		6:08 min/km	01:01:21	170
303	Mark Stimpson	Male	Vet40+		6:08 min/km	01:01:25	171
232	Sarah O'Donoghue	Female	Vet40+		6:09 min/km	01:01:33	172
237	Debbie Pacey	Female	Vet40+	Tone Zone Runners	6:11 min/km	01:01:52	173
122	Royston Haines	Male	Vet50+	Arena 80	6:11 min/km	01:01:54	174
117	Lauren Greenwood	Female	U40		6:11 min/km	01:01:58	175
374	Vicky King	Female	U40		6:12 min/km	01:02:00	176
247	Lucy Piper	Female	U40		6:12 min/km	01:02:01	177
258	Liane Ranaboldo	Female	U40		6:12 min/km	01:02:05	178
354	Anna Ball	Female	U40	Foxy Ladies	6:12 min/km	01:02:09	179
134	Mike Hatton	Male	Vet70+		6:14 min/km	01:02:29	180
96	Victoria Ferris	Female	Vet40+	SDHF Run Club	6:15 min/km	01:02:38	181
170	Hayley Knight	Female	U40		6:16 min/km	01:02:44	182
362	Emma Kito	Female	U40		6:17 min/km	01:03:00	183
98	Candice Firth	Female	U40	Hove Hornets	6:18 min/km	01:03:04	184
216	Anna Morgan	Female	Vet40+		6:19 min/km	01:03:12	185
329	Cathy Walliman	Female	Vet40+		6:19 min/km	01:03:14	186
302	Dale Stevens	Male	Vet50+	Tone Zone Runners	6:19 min/km	01:03:18	187
121	Darren Gurr	Male	Vet40+		6:20 min/km	01:03:23	188
363	Vicky Cave	Female	Vet40+		6:20 min/km	01:03:25	189
120	Julia Griggs	Female	U40	Foxy Ladies	6:21 min/km	01:03:30	190
175	Teresa Lanigan	Female	Vet40+	Foxy Ladies	6:21 min/km	01:03:34	191
144	Josie Hodges	Female	Vet40+		6:22 min/km	01:03:47	192
373	Simon Hodges	Male	Vet40+	Brighton & Hove AC	6:22 min/km	01:03:49	193
207	Adam Messenger	Male	U40		6:23 min/km	01:03:53	194
38	Sally Bourn	Female	Vet50+		6:23 min/km	01:03:55	195
365	Neil Barrets	Male	Vet50+		6:23 min/km	01:03:57	196
85	Fran Dobinson	Female	Vet40+		6:23 min/km	01:03:59	197
252	Michael Preece	Male	Vet50+		6:23 min/km	01:03:59	198
9	Jules Arnott	Male	Vet40+	The Professional Layabouts	6:24 min/km	01:04:01	199
267	Hannah Roberts	Female	U40		6:24 min/km	01:04:05	200
81	Liz Davies	Female	U40		6:24 min/km	01:04:08	201
274	Janet Sanders	Female	Vet50+	Burgess Hill Runners	6:25 min/km	01:04:17	202
70	Julie Cresswell	Female	Vet50+	Fittleworth Flyers	6:26 min/km	01:04:25	203
171	Valdy Krige	Male	Vet40+		6:27 min/km	01:04:34	204
23	Allyson Bardsley	Female	Vet50+		6:28 min/km	01:04:47	205
33	Kjell Berglund	Male	Vet60+	Burgess Hill Runners	6:28 min/km	01:04:49	206
165	Pickering Kim	Female	U40		6:29 min/km	01:04:53	207
135	Kirstie Hayes	Female	Vet40+		6:29 min/km	01:04:55	208
167	Zoe King	Female	Vet40+	Seaford Striders	6:29 min/km	01:04:57	209
372	Anna Brindley	Female	U40		6:29 min/km	01:04:59	210
270	Dawn Rogers	Female	U40	Female Run Wednesdays	6:30 min/km	01:05:01	211
90	Synne Dyvik	Female	U40		6:30 min/km	01:05:03	212
335	Denise Watson	Female	U40	Run Wednesdays	6:30 min/km	01:05:06	213
162	Trevor Jones	Male	Vet50+	Seaford Striders	6:32 min/km	01:05:28	214
352	Jane Holford	Female	Vet40+	Cooksbridge Cruisers	6:33 min/km	01:05:37	215
5	Mark Anderson	Male	Vet40+	Smart Performance Cross Fit	6:34 min/km	01:05:41	216
141	Philip Hill	Male	Vet40+		6:34 min/km	01:05:42	217
63	Sharon Clark	Female	Vet40+		6:34 min/km	01:05:44	218

139	Kamla Highsted	Female	Vet40+		6:34 min/km	01:05:45	219
356	Carly Goddard	Female	U40	Foxy Ladies	6:34 min/km	01:05:49	220
14	Fiona Bailey	Female	Vet40+		6:35 min/km	01:05:50	221
53	Sarah Capon	Female	U40		6:35 min/km	01:05:50	222
338	Karen Weller	Female	Vet40+	Hove Hornets	6:35 min/km	01:05:50	223
89	Nicky Duncanson	Female	Vet40+		6:35 min/km	01:05:54	224
272	Trudi Ryan	Female	Vet40+	Foxy Ladies	6:35 min/km	01:05:54	225
357	Georgina Ammolla	Female	U40	Foxy Ladies	6:35 min/km	01:05:55	226
259	Michael Reding	Male	Vet60+		6:35 min/km	01:05:58	227
340	Karen White	Female	Vet50+		6:35 min/km	01:05:59	228
124	Susan Hall	Female	Vet40+		6:37 min/km	01:06:15	229
24	Filipa Barnes	Female	Vet40+		6:37 min/km	01:06:17	230
254	Jayne Priddey	Female	Vet50+		6:38 min/km	01:06:23	231
105	Maxine Foley-Oates	Female	Vet40+		6:38 min/km	01:06:25	232
358	Sarah Morriss	Female	U40	Foxy Ladies	6:39 min/km	01:06:30	233
88	Kate Drake	Female	Vet40+		6:41 min/km	01:06:56	234
241	Philip Parsons	Male	Vet50+		6:42 min/km	01:07:00	235
251	Sharon Potter	Female	Vet40+		6:42 min/km	01:07:03	236
152	Alistair Jackson	Male	Vet70+	Veterans AC	6:42 min/km	01:07:04	237
71	Deidre Crichton	Female	Vet40+	Chestnutters	6:42 min/km	01:07:06	238
74	Judith Crouch Algorta	Female	Vet40+		6:42 min/km	01:07:08	239
332	Hannah Watkins	Female	U40	Burgess Hill Runners	6:42 min/km	01:07:09	240
257	Gina Quest	Female	U40		6:43 min/km	01:07:19	241
240	Claire Parsons	Female	Vet40+		6:44 min/km	01:07:22	242
331	Debbie Ware	Female	Vet40+		6:44 min/km	01:07:29	243
370	Paul Norton	Male	U40		6:47 min/km	01:07:55	244
277	Anne Saward	Female	U40		6:48 min/km	01:08:08	245
276	Richard Saward	Male	U40		6:49 min/km	01:08:11	246
344	Karen Wilson	Female	Vet40+	We Run Hassocks	6:49 min/km	01:08:14	247
299	Karen Spencer	Female	Vet50+		6:50 min/km	01:08:25	248
129	Clare Harms	Female	U40		6:50 min/km	01:08:29	249
278	Eleana Scott	Female	U40	Aqua Speed	6:51 min/km	01:08:32	250
211	Mike Milton	Male	Vet60+		6:51 min/km	01:08:36	251
104	Kelly Foley	Female	U40		6:52 min/km	01:08:42	252
307	Sheila Stuart	Female	Vet60+		6:53 min/km	01:08:50	253
164	Kirsteen Keith	Female	Vet40+	Tuff Fitty Tri Club	6:54 min/km	01:09:01	254
16	Sarah Baker	Female	U40		6:54 min/km	01:09:04	255
248	Cathy Pittick	Female	Vet50+	Fareham Crusaders	6:54 min/km	01:09:06	256
178	Alison Lindley	Female	Vet50+		6:54 min/km	01:09:09	257
292	Glenn Smith	Male	U40		6:55 min/km	01:09:11	258
189	Liz Macenri	Female	Vet50+	Fareham Crusaders	6:55 min/km	01:09:15	259
227	Kristy Northrop	Female	U40		6:55 min/km	01:09:18	260
95	Sharon Fenton	Female	Vet40+	Hove Hornets	6:55 min/km	01:09:19	261
333	Peter Watson	Male	Vet40+	Evolve Runners	6:56 min/km	01:09:24	262
224	Ali Neary	Female	U40	Evolve Runners	6:56 min/km	01:09:25	263
199	Catherine Mcconnell	Female	Vet40+		6:56 min/km	01:09:27	264
334	Tracey Watson	Female	Vet40+	Evolve Runners	6:56 min/km	01:09:27	265
59	Annie Charbonneau	Female	Vet40+		6:56 min/km	01:09:29	266
350	Melissa Zyambo	Female	U40		6:57 min/km	01:09:34	267
193	Nadine Martin	Female	U40		6:58 min/km	01:09:42	268
15	Nick Bailey	Male	Vet50+	Denmead Striders	6:58 min/km	01:09:49	269
102	Claire Fletcher-Breslau	Female	U40	Hove Hornets	6:59 min/km	01:09:53	270
72	Rebekah Critchett	Female	U40		7:00 min/km	01:10:04	271
301	Carol Stanbridge	Female	Vet60+	Worthing Running Sisters	7:00 min/km	01:10:09	272
273	Jacqui Salt	Female	Vet40+	Tone Zone Runners	7:02 min/km	01:10:27	273

86	Ruth Dobson	Female	Vet40+	Serpentine	7:03 min/km	01:10:36	274
321	Jenna Threadgold	Female	U40		7:05 min/km	01:10:57	275
293	Chris Smith	Female	Vet50+	Fareham Crusaders	7:06 min/km	01:11:05	276
106	Paula Ford	Female	Vet50+		7:07 min/km	01:11:12	277
17	Martin Baker	Male	U40		7:07 min/km	01:11:13	278
108	Emma Francis	Female	U40		7:07 min/km	01:11:19	279
339	Aldona Wheeler	Female	Vet40+		7:08 min/km	01:11:23	280
188	Angela Hardwick	Female	Vet50+		7:11 min/km	01:11:54	281
128	Jane Harman	Female	Vet40+		7:13 min/km	01:12:13	282
77	Lindsey Darby-Brown	Female	Vet50+		7:14 min/km	01:12:23	283
342	Elizabeth Williams	Female	Vet40+		7:14 min/km	01:12:27	284
149	Tracy Hutcheon	Female	Vet40+		7:16 min/km	01:12:41	285
127	Quita Harkess	Female	U40	Hove Hornets	7:17 min/km	01:12:52	286
225	Andrea Newcomer-Jones	Female	U40		7:18 min/km	01:13:00	287
228	Helen Norton	Female	U40		7:18 min/km	01:13:06	288
309	Viv Sullivan	Female	Vet50+		7:19 min/km	01:13:13	289
184	Sarah Lowe	Female	Vet40+	Brighton & Hove Womens Running Club	7:28 min/km	01:14:43	290
219	Carole Mulry	Female	Vet50+	Tone Zone Runners	7:30 min/km	01:15:09	291
19	Claire Baker	Female	Vet40+	Tone Zone Runners	7:31 min/km	01:15:11	292
55	Polly Castelo	Female	Vet40+	Wimbledon Windmilers	7:31 min/km	01:15:18	293
83	Nicola Delahunty	Female	Vet40+		7:32 min/km	01:15:20	294
177	Eliza Lindley	Female	U40		7:32 min/km	01:15:25	295
76	Kate Danvers-Wright	Female	U40		7:32 min/km	01:15:26	296
103	Tony Flint	Male	Vet60+	Arunners RC	7:34 min/km	01:15:42	297
48	Anna Burford-Taylor	Female	Vet40+		7:35 min/km	01:15:55	298
249	Lauren Pope	Female	U40		7:36 min/km	01:16:07	299
166	Richard Kimber	Male	Vet70+	Seaford Striders	7:37 min/km	01:16:17	300
255	Lorraine Pullen	Female	U40		7:39 min/km	01:16:38	301
360	Jenny Brooker	Female	U40	Foxy Ladies	7:42 min/km	01:17:05	302
82	Jan-Corneel De Landtsheer	Male	Vet60+		7:46 min/km	01:17:44	303
235	Jo Osborn	Female	U40	Deal Tri	7:46 min/km	01:17:49	304
163	Paula Karalus	Female	U40		7:49 min/km	01:18:13	305
36	Phillip Blakemore	Male	Vet50+		7:49 min/km	01:18:16	306
220	Angela Murray	Female	U40		7:50 min/km	01:18:20	307
151	Jennifer Jackson	Female	Vet40+	Dulwich Park Runners	7:53 min/km	01:18:56	308
182	Anna Lockhart	Female	Vet40+		7:53 min/km	01:18:58	309
10	Lucy Ashley	Female	Vet40+		8:02 min/km	01:20:24	310
20	Maureen Baldwin	Female	Vet50+		8:03 min/km	01:20:33	311
359	Leanne Levitt	Female	UNK	Tuff Fitty Tri Club	8:08 min/km	01:21:20	312
233	Martina O'Keefe	Female	Vet50+		8:32 min/km	01:25:26	313
192	Laura Marshall	Female	U40		8:33 min/km	01:25:34	314
57	Sam Catchpole	Female	U40		9:20 min/km	01:33:21	315
50	Jordan Burnill	Female	U40		10:04 min/km	01:40:45	316