

**L Guess Jewellers Angmering Bluebell 10 Mile Trail Run Provisional Results 2014**

Race No	Name	Gender	Category	Club	Pace (from gun)	Time	Pos
409	Lee Ashworth	Male	Vet40+	Hailsham Harriers	6:07 min/m	01:01:19	1
457	Will Clark	Male	U40	Epsom & Ewell Harriers	6:30 min/m	01:05:08	2
508	Kenny Harding	Male	U40	Lancing Eagles	6:34 min/m	01:05:45	3
500	Saunders Garry	Male	Vet40+	Shoreham Rowing Club	6:40 min/m	01:06:43	4
425	Darren Bird	Male	U40	Striders of Croydon	6:44 min/m	01:07:24	5
467	Steve Dallman	Male	U40	Haywards Heath Harriers	6:45 min/m	01:07:30	6
456	Ed Clark	Male	U40	Epsom & Ewell Harriers	6:46 min/m	01:07:41	7
600	Clive Patterson-Lett	Male	Vet40+	Tuff Fitty Tri Club	6:48 min/m	01:08:08	8
512	Amy Harris	Female	U20	Horsham Amphibians Triathlon Club	6:49 min/m	01:08:18	9
513	Jamie Harwood	Male	U40		6:51 min/m	01:08:39	10
451	Thomas Caffyn	Male	U20	Arunners RC	6:53 min/m	01:08:53	11
650	Andy Stadden	Male	Vet50+	Arunners RC	6:57 min/m	01:09:36	12
583	Thomas Morris-Pond	Male	U20	NHRR (North Herts Road Runners)	6:58 min/m	01:09:48	13
527	Sean Hodges	Male	Vet40+		6:59 min/m	01:09:56	14
574	Mark Derry	Male	Vet40+		7:00 min/m	01:10:08	15
710	Marius Vitkauskas	Male	U40		7:02 min/m	01:10:20	16
631	Adam Stephens	Male	Vet40+	Worthing & District Harriers	7:03 min/m	01:10:34	17
533	Dan Hughes	Male	U40	DSRC	7:04 min/m	01:10:44	18
721	Cris Coxon	Male	U40		7:06 min/m	01:11:07	19
434	Jon Boxall	Male	U40	Burgess Hill Runners	7:10 min/m	01:11:49	20
627	Dean Sanders	Male	Vet50+		7:12 min/m	01:12:01	21
506	Mike Green	Male	Vet40+	Lewes AC	7:12 min/m	01:12:08	22
604	Bob Pentland	Male	Vet60+	Portsmouth Joggers	7:13 min/m	01:12:17	23
690	Mark Williams	Male	U40	Worthing & District Harriers	7:14 min/m	01:12:21	24
518	Rune Henriksen	Male	U40	Tri London	7:16 min/m	01:12:43	25
427	Phil Bloomfield	Male	U40		7:17 min/m	01:12:56	26
565	Chris Marshall	Male	U40		7:17 min/m	01:12:57	27
549	Robert Lane	Male	Vet40+		7:21 min/m	01:13:30	28
636	Serdin Sim	Male	Vet50+	Worthing & District Harriers	7:24 min/m	01:14:04	29
414	Chris Bainbridge	Male	U40		7:25 min/m	01:14:18	30
472	Tony Deacon	Male	Vet50+	Lewes AC	7:26 min/m	01:14:28	31
584	Tom Morton	Male	U40		7:27 min/m	01:14:35	32
662	Dani Tarleton	Female	Vet40+	Arena 80	7:31 min/m	01:15:19	33
560	Martin Mackrell	Male	U40		7:32 min/m	01:15:21	34
674	Marc Tramontin	Male	U40		7:34 min/m	01:15:49	35
688	Adrian Willard	Male	U40	Tuff Fitty Tri Club	7:35 min/m	01:15:51	36
585	Keith Moss	Male	U40		7:37 min/m	01:16:19	37
701	Nick Murray	Male	Vet40+	Worthing & District Harriers	7:40 min/m	01:16:40	38
539	Mark Jennings	Male	U40	Chichester Runners	7:42 min/m	01:17:01	39
580	Mike Moorcroft	Male	Vet40+	Chichester Runners	7:44 min/m	01:17:25	40
685	David Whitwell	Male	U40		7:44 min/m	01:17:29	41
572	Dave McMahon	Male	Vet40+	Tuff Fitty Tri Club	7:45 min/m	01:17:35	42
453	Daniel Carpenter	Male	U40		7:46 min/m	01:17:44	43
616	Steve Rhodes	Male	Vet50+		7:46 min/m	01:17:48	44
577	Michael Miller	Male	Vet50+	Arena 80	7:47 min/m	01:17:53	45
403	Lucianne Albrecht	Female	Vet40+	Worthing Striders	7:47 min/m	01:17:55	46
570	Paul Mckay	Male	U40		7:48 min/m	01:18:06	47
597	Martin Packer	Male	Vet50+		7:49 min/m	01:18:14	48
591	Michael Neville	Male	U40		7:50 min/m	01:18:20	49
501	Polly Gick	Female	U40		7:50 min/m	01:18:23	50
523	Colin Hiscock	Male	U40	Tone Zone Runners	7:51 min/m	01:18:33	51
618	John Rickard	Male	Vet40+		7:52 min/m	01:18:40	52
510	Mick Harris	Male	Vet50+	Horsham Amphibians Triathlon Club	7:52 min/m	01:18:47	53

637	Luke Simmonds	Male	U40	Tone Zone Runners	7:52 min/m	01:18:48	54
504	Pete Goodman	Male	U40		7:53 min/m	01:18:58	55
419	Ian Bayley	Male	Vet40+	Tone Zone Runners	7:54 min/m	01:19:09	56
482	David Eaton	Male	Vet50+	Hove Hornets	7:56 min/m	01:19:24	57
657	Paul Sturch	Male	U40		7:56 min/m	01:19:29	58
704	Neil Strudwick	Male	Vet40+	Tone Zone Runners	7:59 min/m	01:19:52	59
707	Andy Gomm	Male	UNK	Tuff Fitty Tri Club	8:02 min/m	01:20:27	60
540	Jan Jonker	Male	Vet40+	Arena 80	8:03 min/m	01:20:39	61
489	Bob Empson	Male	Vet50+	Barnes Runners	8:04 min/m	01:20:48	62
516	Simon Hempenstall	Male	Vet40+		8:05 min/m	01:20:59	63
480	Gerard Dummett	Male	Vet50+	Lewes AC	8:07 min/m	01:21:13	64
594	Kate O'Connor	Female	U40	Tone Zone Runners	8:08 min/m	01:21:29	65
528	Tony Holcombe	Male	Vet50+	Tone Zone Runners	8:09 min/m	01:21:39	66
552	Charlotte Langmead	Female	Vet40+		8:10 min/m	01:21:46	67
697	Rachael Woolston	Female	Vet40+	Fitbitch Running Club	8:10 min/m	01:21:46	68
550	Graham Lane	Male	U40		8:11 min/m	01:21:56	69
708	Simon Palmer	Male	Vet40+	Tuff Fitty Tri Club	8:12 min/m	01:22:00	70
444	Sue Brumwell	Female	Vet50+	Arena 80	8:13 min/m	01:22:18	71
486	Lucy Egan	Female	Vet40+	Hove Hornets	8:14 min/m	01:22:23	72
587	Karen Napleton	Female	Vet40+	Fitbitch Running Club	8:14 min/m	01:22:26	73
521	Nicky Hill	Female	U40	Chichester Westgate Triathlon Club	8:17 min/m	01:22:53	74
519	Karl Heryet	Male	Vet40+		8:18 min/m	01:23:09	75
593	Claire Nunn	Female	U40		8:19 min/m	01:23:14	76
558	Steve Mackie	Male	U40		8:20 min/m	01:23:23	77
676	David Griffin	Male	Vet40+		8:21 min/m	01:23:34	78
672	Lee Threadingham	Male	Vet40+		8:24 min/m	01:24:01	79
458	Paul Coe	Male	U40	Tone Zone Runners	8:25 min/m	01:24:12	80
699	Paul Yokom	Male	U40	Horsham Joggers	8:25 min/m	01:24:16	81
546	Steve Kircher	Male	Vet40+		8:25 min/m	01:24:17	82
514	Susan Hawker	Female	Vet40+	Brighton & Hove AC	8:26 min/m	01:24:20	83
640	Neil Sinclair	Male	Vet40+		8:32 min/m	01:25:29	84
455	Debra Cauchy-Duval	Female	U40	Tuff Fitty Tri Club	8:34 min/m	01:25:47	85
610	Sarah Price	Female	U40		8:35 min/m	01:25:55	86
635	Ross Shipway	Male	U40	DSRC	8:35 min/m	01:25:58	87
511	Danielle Harris	Female	U40	Lingfield RC	8:38 min/m	01:26:20	88
566	Alex Marshall	Male	Vet40+		8:38 min/m	01:26:25	89
719	Angela Farthing	Female	Vet40+	Brighton & Hove AC	8:39 min/m	01:26:32	90
622	Mark Rogers	Male	U40		8:40 min/m	01:26:44	91
449	Felicity Butler	Female	U40		8:41 min/m	01:26:53	92
590	Mark Neal	Male	Vet40+		8:44 min/m	01:27:28	93
432	Johanna Bordass	Female	Vet40+	Meads Runners	8:45 min/m	01:27:33	94
484	Mark Edwards	Male	U40	Tone Zone Runners	8:45 min/m	01:27:38	95
407	Nickie Armory	Female	Vet40+		8:47 min/m	01:27:57	96
571	Esther Mckay	Female	U40		8:48 min/m	01:28:01	97
665	Sherrian Taylor	Female	U40		8:48 min/m	01:28:03	98
476	Karen Dixon	Female	Vet40+	South Downs Running Club	8:48 min/m	01:28:04	99
502	Claire Goldsmith	Female	Vet40+	Brighton Explorers	8:48 min/m	01:28:04	100
711	Liesl Dommissse	Female	U40	Phoenix Tri	8:48 min/m	01:28:08	101
666	Glenn Parisi	Male	UNK		8:48 min/m	01:28:09	102
466	Pierre D'Alessio	Male	Vet40+		8:49 min/m	01:28:12	103
509	Kathryn Harnett	Female	U40	Brighton Phoenix	8:49 min/m	01:28:15	104
475	Stephen Divers	Male	U40	Lancing Eagles	8:50 min/m	01:28:22	105
649	Sarah Spinks	Female	U40		8:52 min/m	01:28:47	106
433	Terry Bourne	Male	Vet50+		8:53 min/m	01:28:51	107
553	Abigail Link	Female	U40		8:53 min/m	01:28:54	108

503	Tara Goldsmith	Female	U40		8:55 min/m	01:29:12	109
603	Rebecca Pearson	Female	U40		8:55 min/m	01:29:13	110
698	Melvyn Yeo	Male	Vet40+	The Run Squad	8:55 min/m	01:29:14	111
534	Daniel Hughes	Male	Vet40+	Tone Zone Runners	8:55 min/m	01:29:17	112
606	Stephen Phillips	Male	Vet50+		8:55 min/m	01:29:17	113
479	Catherine Downie	Female	Vet40+		8:56 min/m	01:29:22	114
612	Tiffany Proudfoot	Female	Vet50+	Fittleworth Flyers	8:57 min/m	01:29:32	115
536	Nicola Hunt	Female	Vet40+	Worthing Striders	8:57 min/m	01:29:37	116
429	Tracey Booker	Female	Vet40+		8:57 min/m	01:29:39	117
671	Christine Thorp	Female	Vet40+		8:58 min/m	01:29:44	118
692	Michelle Wing	Female	Vet40+		9:00 min/m	01:30:04	119
712	Tiffany Moir	Female	U40		9:00 min/m	01:30:07	120
576	Penny Middleton-Burn	Female	U40		9:02 min/m	01:30:28	121
643	Bethany Smith	Female	U40	Fit4	9:05 min/m	01:30:59	122
709	Amanda Taylor	Female	Vet40+		9:06 min/m	01:31:03	123
619	Claire Ridley	Female	Vet40+		9:06 min/m	01:31:08	124
430	Samantha Booth	Female	U40		9:07 min/m	01:31:18	125
614	Andy Reed	Male	Vet50+	TeamReed	9:08 min/m	01:31:22	126
488	Rebecca Ellman-Brown	Female	U40		9:08 min/m	01:31:29	127
485	Angie Edwards	Female	Vet40+		9:11 min/m	01:31:56	128
706	Chris Levitt	Male	UNK	Tuff Fitty Tri Club	9:11 min/m	01:31:59	129
545	Martin Kirby	Male	Vet40+		9:12 min/m	01:32:02	130
658	Alan Sullivan	Male	Vet50+	Maidstone Harriers	9:12 min/m	01:32:04	131
562	Lisa Mallett	Female	Vet40+		9:12 min/m	01:32:06	132
517	Adam Hempenstall	Male	U40		9:13 min/m	01:32:13	133
722	Mike Aungier	Male	Vet40+		9:14 min/m	01:32:20	134
404	Sarah Allison	Female	Vet40+		9:14 min/m	01:32:27	135
687	Jane Wilkes	Female	Vet50+	Brighton & Hove Womens Running Club	9:15 min/m	01:32:32	136
607	Matthew Moreman	Male	Vet40+		9:15 min/m	01:32:36	137
633	Janet Shepherd	Female	Vet50+	Fittleworth Flyers	9:18 min/m	01:33:00	138
494	Amy Flain	Female	U40		9:19 min/m	01:33:14	139
694	Karen Wood	Female	Vet40+		9:19 min/m	01:33:19	140
538	Sally Ismay	Female	Vet50+		9:20 min/m	01:33:20	141
653	Ric Stewart	Male	Vet40+		9:21 min/m	01:33:34	142
551	Jodie Langdell	Female	U40		9:21 min/m	01:33:37	143
639	Lindsey Simpson-Girling	Female	Vet40+		9:22 min/m	01:33:49	144
613	Ann Pybus	Female	Vet40+		9:24 min/m	01:34:01	145
660	Swavek Szymonski	Male	Vet40+	Striders of Croydon	9:25 min/m	01:34:12	146
424	Iris Bennett	Female	U40		9:26 min/m	01:34:26	147
415	Clare Baker	Female	Vet40+		9:26 min/m	01:34:29	148
667	Jane Taylor	Female	U40		9:27 min/m	01:34:31	149
474	Jane Disney	Female	Vet40+		9:27 min/m	01:34:33	150
609	Vanessa Powell	Female	U40		9:27 min/m	01:34:37	151
703	Paul Woolford	Male	Vet40+		9:28 min/m	01:34:42	152
702	Jennet Woolford	Female	Vet40+	Stubington Green Runners	9:28 min/m	01:34:44	154
641	Lars Skagerlind	Male	Vet60+	Arunners RC	9:28 min/m	01:34:44	153
547	Lucy Kircher	Female	U40		9:28 min/m	01:34:46	155
436	Elle Breeds	Female	U40	Brighton Tri Club	9:29 min/m	01:34:55	156
422	Natasha Bee-Fraser	Female	U40		9:29 min/m	01:34:57	157
678	Julie Tyrrell	Female	Vet50+		9:30 min/m	01:35:00	158
496	Simon Fluendy	Male	Vet40+		9:30 min/m	01:35:03	159
621	Georgie Rock	Female	U40		9:30 min/m	01:35:07	160
582	Andy Moreman	Male	Vet40+		9:31 min/m	01:35:12	161
664	Charlotte Taylor	Female	U40	Brighton Tri Club	9:31 min/m	01:35:13	162
487	Marion Ellingham	Female	Vet60+	Waverley Harriers	9:32 min/m	01:35:26	163

626	Catherine Ruffle	Female	U40		9:33 min/m	01:35:32	164
568	Sarah Mayfield	Female	U40		9:35 min/m	01:35:54	165
684	Roy Whitwell	Male	Vet60+		9:35 min/m	01:35:58	166
569	Jennifer Mcfarlane	Female	Vet40+		9:36 min/m	01:36:09	167
602	Sue Pearson	Female	Vet40+	Goring Road Runners	9:37 min/m	01:36:15	168
625	Sophie Ruffer	Female	U40	Tuff Fitty Tri Club	9:39 min/m	01:36:30	169
689	Amanda Williams	Female	U40		9:39 min/m	01:36:33	170
535	John Hunt	Male	Vet60+	Portsmouth Joggers	9:40 min/m	01:36:49	171
713	Julia Richards	Female	U40	Tuff Fitty Tri Club	9:41 min/m	01:36:57	172
673	Debbie Tiley	Female	U40		9:41 min/m	01:36:58	173
459	Jenny Coles	Female	U40		9:42 min/m	01:37:04	174
661	Lucy Szymonski	Female	Vet40+	Striders of Croydon	9:43 min/m	01:37:19	175
492	Claire Fewings	Female	Vet40+		9:44 min/m	01:37:22	176
418	Nichola Baxter	Female	U40	Brighton & Hove Womens Running Club	9:45 min/m	01:37:39	177
677	Naomi Trickey	Female	U40	Fitbirtch Running Club	9:46 min/m	01:37:48	178
611	Anna Prior	Female	Vet40+		9:49 min/m	01:38:13	179
460	Brianne Considine	Female	U40		9:51 min/m	01:38:30	180
524	Catherine Hoar	Female	Vet40+		9:52 min/m	01:38:42	181
683	Lisa Whitton	Female	U40		9:53 min/m	01:38:52	182
543	Kim King	Female	Vet40+	Liss Runners	9:54 min/m	01:39:02	183
644	Helen Smith	Female	Vet50+	Liss Runners	9:54 min/m	01:39:03	184
541	Julian Karalus	Male	Vet40+		9:55 min/m	01:39:13	185
417	Simon Barker	Male	U40		9:55 min/m	01:39:15	186
620	Lisa Robinson	Female	Vet40+	Tone Zone Runners	9:56 min/m	01:39:27	187
408	Richard Armstrong	Male	U40		9:58 min/m	01:39:40	188
647	Darren Sparks	Male	Vet40+		9:58 min/m	01:39:45	189
646	Louise Sparks	Female	Vet40+		9:58 min/m	01:39:50	190
670	Stuart Thomson	Male	Vet50+	Tone Zone Runners	9:59 min/m	01:39:53	191
642	Lorraine Slaughter	Female	Vet40+		10:00 min/m	01:40:04	192
652	Paul Stevenson	Male	Vet40+	Tone Zone Runners	10:01 min/m	01:40:10	193
556	Susan Ma	Female	U40		10:01 min/m	01:40:15	194
554	Jacqueline Lister	Female	Vet50+	Maidstone Harriers	10:02 min/m	01:40:20	195
505	Carol Grant	Female	Vet50+	Brighton & Hove Womens Running Club	10:03 min/m	01:40:32	196
648	Angela Spinks	Female	U40	Brighton & Hove Womens Running Club	10:03 min/m	01:40:35	197
454	Helen Carter	Female	U40		10:06 min/m	01:41:08	198
651	Alison Stead	Female	Vet40+	Tone Zone Runners	10:07 min/m	01:41:12	199
663	Paul Taylor	Male	Vet50+		10:09 min/m	01:41:33	200
400	John Addicott	Male	Vet50+		10:09 min/m	01:41:38	201
654	Lisa Strevens	Female	Vet40+		10:10 min/m	01:41:47	202
563	Monica Marchi	Female	Vet40+		10:10 min/m	01:41:48	203
423	Deborah Belcher	Female	Vet40+	Brighton & Hove Womens Running Club	10:11 min/m	01:41:50	204
402	Lucy Adley	Female	U40		10:11 min/m	01:41:51	205
588	Grace Natoli	Female	Vet40+	Tone Zone Runners	10:11 min/m	01:41:54	206
717	Brian Rees	Male	Vet60+	Portsmouth Joggers	10:12 min/m	01:42:02	207
718	Naomi Cornforth	Female	U40		10:13 min/m	01:42:16	208
595	Aisling O'Leary	Female	U40		10:13 min/m	01:42:19	209
668	Ian Thompson	Male	Vet40+		10:17 min/m	01:42:52	210
446	Sarah Bullard	Female	Vet40+		10:18 min/m	01:43:01	211
443	Clare Browning	Female	Vet40+	Mels Milers	10:18 min/m	01:43:02	212
498	Tina Fowler	Female	Vet50+	Mels Milers	10:18 min/m	01:43:04	213
438	Joanna Brett	Female	U40		10:20 min/m	01:43:23	214
544	Kerry Kipling	Female	Vet40+	Brighton & Hove AC	10:23 min/m	01:43:58	215
630	Dean Scott	Male	Vet40+		10:25 min/m	01:44:12	216
481	Alex Earl	Female	U40		10:29 min/m	01:44:59	217
483	Tracy Eaton	Female	Vet40+	Hove Hornets	10:32 min/m	01:45:23	218

567	Lisa Matthews	Female	U40	Burgess Hill Runners	10:32 min/m	01:45:24	219
442	Paul Brooks	Male	Vet50+	Sandhurst Joggers	10:34 min/m	01:45:44	220
705	Ros Andrews	Female	Vet40+		10:35 min/m	01:45:53	221
564	Oliver Marshall	Male	U40		10:35 min/m	01:45:55	222
682	Sarah Webster	Female	U40	The Running Squad	10:35 min/m	01:45:57	223
714	David Butler	Male	Vet50+	EA	10:36 min/m	01:46:00	224
592	Sarah Nicholas	Female	Vet40+		10:39 min/m	01:46:30	225
401	Nicky Addicott	Female	Vet50+		10:39 min/m	01:46:40	226
452	Rachael Carlton	Female	U40		10:41 min/m	01:46:50	227
598	Lindsay Painter	Female	Vet50+	Mels Milers	10:42 min/m	01:47:08	228
559	Clare Mackie	Female	U40		10:45 min/m	01:47:33	229
413	Alexis Baillie	Female	Vet40+	Mels Milers	10:45 min/m	01:47:40	230
465	Mandy Dale	Female	U40	We Run Hassocks	10:46 min/m	01:47:48	231
405	Lynsey Alty	Female	U40	Burgess Hill Runners	10:46 min/m	01:47:49	232
700	Sally Cartwright	Female	Vet40+		10:48 min/m	01:48:02	233
638	Sarah Simpson	Female	Vet40+	Petersfield Tri	10:48 min/m	01:48:07	234
490	Brenda Enticott	Female	Vet40+		10:49 min/m	01:48:18	235
599	Natasha Palmer	Female	U40		10:49 min/m	01:48:19	236
615	Paul Reynolds	Male	U40	Chichester Westgate Triathlon Club	10:50 min/m	01:48:29	237
464	Paul Csordas	Male	Vet40+		10:51 min/m	01:48:38	238
581	Leonie Moore	Female	U40	Brighton & Hove Womens Running Club	10:52 min/m	01:48:47	239
491	Chris Evlogimenos	Male	Vet50+		10:54 min/m	01:49:07	240
555	Amanda Logan	Female	U40		10:55 min/m	01:49:16	241
573	Kay Mcmenamin	Female	Vet40+	Burgess Hill Runners	10:56 min/m	01:49:27	242
691	Melanie Williams	Female	U40	Arunners RC	10:58 min/m	01:49:41	243
406	Megan Anderson	Female	U40	Arunners RC	10:58 min/m	01:49:43	244
530	Nikki Hooper	Female	Vet40+		11:04 min/m	01:50:45	245
686	Claire Wiggins	Female	Vet50+		11:04 min/m	01:50:47	246
578	Emma Mitchell	Female	Vet40+		11:08 min/m	01:51:22	247
448	Emily Burton	Female	U40		11:08 min/m	01:51:23	248
478	Vivienne Dow	Female	U40		11:13 min/m	01:52:17	249
679	Tracy Vise	Female	Vet40+		11:14 min/m	01:52:29	250
575	Sadie Middleton	Female	Vet40+	Cake Run	11:15 min/m	01:52:31	251
428	Laura Boden	Female	U40	Cake Run	11:17 min/m	01:52:53	252
696	Joan Woolley	Female	Vet60+	Tone Zone Runners	11:20 min/m	01:53:27	253
421	Nicol Beard	Female	Vet40+		11:22 min/m	01:53:43	254
493	Amanda Flain	Female	Vet50+		11:31 min/m	01:55:13	255
596	Donna Orr	Female	Vet40+		11:31 min/m	01:55:14	256
680	Caroline Wadey	Female	Vet40+	Burgess Hill Runners	11:32 min/m	01:55:22	257
441	Chris Brooks	Female	Vet50+	Sandhurst Joggers	11:36 min/m	01:56:07	258
529	Jenny Holmes	Female	Vet40+	FB Running Club	11:43 min/m	01:57:15	259
623	Clare Rowe	Female	Vet40+		11:43 min/m	01:57:16	260
420	Holly Beaney	Female	U40	Steyning AC	11:48 min/m	01:58:00	261
469	Brigid Darby	Female	U40		11:58 min/m	01:59:40	262
586	Kat Naish	Female	U40		11:59 min/m	01:59:58	263
520	Sarah Hill	Female	Vet40+		12:07 min/m	02:01:13	264
416	Victoria Balandis	Female	U40	Chichester Runners	12:18 min/m	02:03:00	265
720	Richard Woolston	Male	Vet40+	Cake Run	12:18 min/m	02:03:00	266
693	Julia Winter	Female	Vet50+	Portsmouth Joggers	12:20 min/m	02:03:28	267
716	John Shepherd	Male	Vet60+	Portsmouth Joggers	12:21 min/m	02:03:31	268
426	Sarah Blaydon	Female	U40		12:37 min/m	02:06:18	269
624	Tracey Rowland	Female	Vet40+	BMF	12:38 min/m	02:06:22	270
470	Tracy Davenport	Female	U40	Brighton & Hove AC	13:19 min/m	02:13:13	271
632	Laine Shepherd	Female	U40		13:19 min/m	02:13:15	272
605	Deds Pentland	Female	Vet60+	Portsmouth Joggers	13:59 min/m	02:19:58	

715	Albert Shepherd	Male	Vet60+	Portsmouth Joggers	13:59 min/m	02:19:59	
412	Innes Bailey	Female	U40	Fitbitch Running Club	4:01 min/m	00:40:10	273
675	Jay Tregenza	Female	Vet40+	Brighton & Hove Womens Running Club	5:58 min/m	00:59:43	274