

Cuff Miller (Ford) Arundel Sprint Triathlon 2011 - Provisional Results

| Firstname | Lastname | Bib | M/F | Category | Club | Swim | T1 | Cycle | T2 | Run | Finish time | Overall | Cat |
|-------------|--------------|-----|--------|----------|------------------------------------|----------|----------|----------|----------|----------|-------------|---------|-----|
| Nathan | Gosling | 196 | Male | 30-34 | Team THE | 00:07:19 | 00:00:32 | 00:31:20 | 00:00:24 | 00:19:38 | 00:59:12 | 1 | 1 |
| Dominic | Chapman | 201 | Male | 35-39 | Tuff Fitty Triathlon Club | 00:06:29 | 00:00:37 | 00:32:15 | 00:00:28 | 00:19:44 | 00:59:32 | 2 | 1 |
| Paul | Blackmore | 211 | Male | 45-49 | The THE | 00:07:15 | 00:00:33 | 00:31:09 | 00:00:40 | 00:21:10 | 01:00:47 | 3 | 1 |
| Andrew | Matthews | 203 | Male | 45-49 | CWTC | 00:06:08 | 00:00:26 | 00:30:49 | 00:00:30 | 00:23:15 | 01:01:08 | 4 | 2 |
| Steve | Head | 223 | Male | 45-49 | Bodyworks XTC | 00:07:10 | 00:00:40 | 00:31:11 | 00:00:52 | 00:22:32 | 01:02:24 | 5 | 3 |
| Marc | Townsend | 212 | Male | 30-34 | Team Lifestyle | 00:06:43 | 00:00:41 | 00:32:38 | 00:00:33 | 00:21:59 | 01:02:33 | 6 | 2 |
| John | Marinko | 232 | Male | 45-49 | Brighton Phoenix Tri | 00:07:54 | 00:00:26 | 00:32:14 | 00:00:25 | 00:21:36 | 01:02:36 | 7 | 4 |
| Steve | Wigmore | 242 | Male | 45-49 | Amphibians 2 TC | 00:08:08 | 00:00:53 | 00:33:30 | 00:00:46 | 00:20:34 | 01:03:51 | 8 | 5 |
| Allan | Clarke | 238 | Male | 35-39 | | 00:07:20 | 00:00:50 | 00:33:56 | 00:00:36 | 00:21:11 | 01:03:53 | 9 | 2 |
| Stuart | Durand | 206 | Male | 40-44 | Esporta Brighton | 00:06:03 | 00:00:52 | 00:34:21 | 00:00:28 | 00:23:44 | 01:05:27 | 10 | 1 |
| Richard | Hobbs | 220 | Male | 30-34 | Tuff Fitty Triathlon Club | 00:06:53 | 00:00:37 | 00:36:30 | 00:00:33 | 00:20:57 | 01:05:30 | 11 | 3 |
| Tony | Parker | 291 | Male | 25-29 | | 00:07:32 | 00:01:04 | 00:33:29 | 00:00:37 | 00:22:52 | 01:05:34 | 12 | 1 |
| Tony | Donnelly | 243 | Male | 50-54 | The Tom Hills Experience | 00:07:46 | 00:00:31 | 00:34:51 | 00:00:41 | 00:21:51 | 01:05:38 | 13 | 1 |
| Andrew | Ruffer | 241 | Male | 35-39 | Tuff Fitty Triathlon Club | 00:07:25 | 00:00:38 | 00:36:30 | 00:00:31 | 00:20:38 | 01:05:41 | 14 | 3 |
| Till | Sanderson | 202 | Male | 40-44 | | 00:06:01 | 00:00:54 | 00:35:49 | 00:00:42 | 00:22:26 | 01:05:51 | 15 | 2 |
| Wesley | Mechen | 239 | Male | 30-34 | Phoenix Triathlon Club | 00:07:08 | 00:00:59 | 00:35:13 | 00:00:35 | 00:22:03 | 01:05:57 | 16 | 4 |
| Simon | Flatau | 312 | Male | 35-39 | | 00:07:28 | 00:00:40 | 00:35:55 | 00:00:23 | 00:21:44 | 01:06:09 | 17 | 4 |
| Adrian | Brown | 228 | Male | 55-59 | Steyning AC | 00:07:23 | 00:00:52 | 00:35:23 | 00:00:38 | 00:23:34 | 01:07:50 | 18 | 1 |
| Anthony | Winter | 301 | Male | 30-34 | | 00:08:38 | 00:00:53 | 00:37:22 | 00:00:34 | 00:20:26 | 01:07:53 | 19 | 5 |
| Guy | Hutchings | 217 | Male | 30-34 | | 00:06:49 | 00:00:49 | 00:36:43 | 00:00:34 | 00:23:19 | 01:08:13 | 20 | 6 |
| Graham | Powell | 210 | Male | 45-49 | The Tom Hills Experience | 00:07:18 | 00:00:37 | 00:35:53 | 00:00:36 | 00:24:25 | 01:08:50 | 21 | 6 |
| Neil | Bradfield | 204 | Male | 35-39 | Chichester Cormorants | 00:05:48 | 00:00:46 | 00:37:58 | 00:00:37 | 00:23:43 | 01:08:51 | 23 | 6 |
| Robert | Dempster | 293 | Male | 35-39 | | 00:08:02 | 00:01:51 | 00:37:07 | 00:00:40 | 00:21:11 | 01:08:51 | 22 | 5 |
| Paul | Davies | 225 | Male | 35-39 | Portsmouth Triathletes | 00:07:42 | 00:00:37 | 00:37:18 | 00:00:51 | 00:22:28 | 01:08:56 | 24 | 7 |
| Neil | Evans | 216 | Male | 30-34 | Bodyworks XTC | 00:07:46 | 00:01:10 | 00:36:05 | 00:00:42 | 00:23:23 | 01:09:05 | 25 | 7 |
| Matt | Long | 272 | Male | 35-39 | Esporta Brighton | 00:07:36 | 00:00:52 | 00:35:48 | 00:00:29 | 00:24:49 | 01:09:34 | 26 | 8 |
| Bea | Downey | 195 | Female | 45-49 | Team Raw Energy | 00:06:49 | 00:01:05 | 00:37:36 | 00:00:45 | 00:23:20 | 01:09:35 | 27 | 1 |
| Shane | Antill | 294 | Male | 40-44 | | 00:07:38 | 00:01:20 | 00:37:18 | 00:01:06 | 00:22:16 | 01:09:38 | 28 | 3 |
| Christopher | Keeler | 229 | Male | 25-29 | The Tom Hills Experience | 00:07:35 | 00:00:30 | 00:37:03 | 00:00:23 | 00:24:32 | 01:10:03 | 29 | 2 |
| Alistair | Baldwin | 219 | Male | 35-39 | | 00:08:51 | 00:00:40 | 00:37:16 | 00:00:35 | 00:22:59 | 01:10:20 | 30 | 9 |
| Emily | Iredale | 240 | Female | 30-34 | Midhurst Milers | 00:08:01 | 00:01:16 | 00:37:45 | 00:00:39 | 00:23:40 | 01:11:21 | 31 | 1 |
| Stephen | Farrow | 275 | Male | 35-39 | The Tom Hills Experience | 00:08:23 | 00:00:41 | 00:37:24 | 00:00:38 | 00:24:25 | 01:11:30 | 32 | 10 |
| Ravi | Bansal | 208 | Male | 40-44 | | 00:06:18 | 00:02:07 | 00:35:41 | 00:01:21 | 00:26:29 | 01:11:56 | 33 | 4 |
| Philip | Ingram | 231 | Male | 40-44 | Chichester Westgate Triathlon Club | 00:06:46 | 00:01:32 | 00:37:41 | 00:00:39 | 00:25:24 | 01:12:01 | 34 | 5 |
| Martin | Quinlan | 224 | Male | 50-54 | Kingfisher Triathletes | 00:06:29 | 00:01:20 | 00:37:08 | 00:00:34 | 00:26:52 | 01:12:21 | 35 | 2 |
| Lara | Wetherill | 249 | Female | 40-44 | Esporta Brighton | 00:08:11 | 00:00:59 | 00:37:53 | 00:00:47 | 00:25:06 | 01:12:55 | 36 | 1 |
| Oliver | Johnson | 286 | Male | 40-44 | Tuff Fitty Triathlon Club | 00:07:53 | 00:01:26 | 00:37:00 | 00:00:29 | 00:26:14 | 01:13:02 | 37 | 6 |
| David | Hedges | 248 | Male | 35-39 | | 00:07:17 | 00:00:49 | 00:38:26 | 00:00:34 | 00:26:02 | 01:13:08 | 38 | 11 |
| Jim | Lockwood | 233 | Male | 30-34 | | 00:06:22 | 00:01:16 | 00:37:27 | 00:00:41 | 00:27:27 | 01:13:12 | 39 | 8 |
| Carl | Davey | 342 | Male | 35-39 | Tuff Fitty Triathlon Club | 00:09:44 | 00:01:10 | 00:36:05 | 00:00:43 | 00:26:07 | 01:13:49 | 40 | 12 |
| Colin | Millard | 255 | Male | 30-34 | | 00:08:43 | 00:01:00 | 00:39:08 | 00:00:34 | 00:24:50 | 01:14:14 | 41 | 9 |
| Rebecca | Hughes | 226 | Female | 25-29 | | 00:06:35 | 00:00:57 | 00:39:22 | 00:00:48 | 00:26:33 | 01:14:15 | 42 | 1 |
| Rob | Clarke | 318 | Male | 40-44 | Crawley Triathlon Club | 00:08:33 | 00:00:56 | 00:41:49 | 00:00:31 | 00:22:35 | 01:14:24 | 44 | 7 |
| Simon | Carson-Jones | 379 | Male | 35-39 | Stubbington Green Runners | 00:08:45 | 00:01:50 | 00:37:44 | 00:01:44 | 00:24:22 | 01:14:24 | 43 | 13 |
| Andrew | Pinker | 380 | Male | 30-34 | | 00:09:42 | 00:01:08 | 00:37:58 | 00:01:08 | 00:24:34 | 01:14:29 | 45 | 10 |
| Graham | Odiin | 310 | Male | 45-49 | Downlands Curry Runners | 00:08:46 | 00:01:57 | 00:40:26 | 00:00:29 | 00:22:57 | 01:14:34 | 46 | 7 |
| Graham | Parsons | 222 | Male | 50-54 | | 00:07:12 | 00:01:17 | 00:39:08 | 00:00:44 | 00:26:15 | 01:14:36 | 47 | 3 |
| Teresa | Tamplin | 254 | Female | 45-49 | Brighton Multisports | 00:08:28 | 00:01:08 | 00:38:57 | 00:00:41 | 00:25:22 | 01:14:37 | 48 | 2 |
| Colin | Bushby | 246 | Male | 60-64 | Esporta Brighton | 00:07:11 | 00:01:02 | 00:40:23 | 00:00:37 | 00:25:36 | 01:14:49 | 49 | 1 |
| Michael | Strickland | 295 | Male | 20-24 | Chichester Westgate Triathlon Club | 00:08:18 | 00:00:56 | 00:38:37 | 00:01:07 | 00:26:01 | 01:14:59 | 50 | 1 |
| Sarah | Huntley | 215 | Female | 25-29 | Bodyworks XTC | 00:06:42 | 00:01:01 | 00:40:14 | 00:00:42 | 00:26:25 | 01:15:03 | 51 | 2 |
| Chris | Lomax | 279 | Male | 20-24 | | 00:08:24 | 00:02:14 | 00:37:09 | 00:00:50 | 00:26:42 | 01:15:20 | 52 | 2 |
| Emma | Hughes | 209 | Female | 25-29 | Brighton Phoenix Tri | 00:07:04 | 00:00:38 | 00:41:28 | 00:00:31 | 00:26:00 | 01:15:40 | 53 | 3 |
| Tracy | Caudle | 273 | Female | 45-49 | East Grinstead Tri Club | 00:08:19 | 00:01:20 | 00:39:47 | 00:00:30 | 00:25:51 | 01:15:46 | 54 | 3 |
| Mark | Hart | 324 | Male | 30-34 | | 00:08:14 | 00:00:55 | 00:39:04 | 00:00:58 | 00:26:37 | 01:15:48 | 55 | 11 |
| Andrew | Moulding | 285 | Male | 45-49 | | 00:08:09 | 00:01:36 | 00:39:26 | 00:00:52 | 00:25:51 | 01:15:54 | 56 | 8 |
| Joseph | Divis | 325 | Male | 25-29 | | 00:07:22 | 00:02:52 | 00:39:26 | 00:00:52 | 00:25:23 | 01:15:54 | 57 | 3 |
| Ian | Wakefield | 262 | Male | 45-49 | | 00:07:37 | 00:02:36 | 00:38:42 | 00:02:22 | 00:24:53 | 01:16:09 | 58 | 9 |
| Jamie | Stentafor | 260 | Male | 30-34 | | 00:07:08 | 00:01:31 | 00:38:18 | 00:01:15 | 00:28:00 | 01:16:12 | 59 | 12 |
| Thomas | Davies | 218 | Male | 40-44 | | 00:05:51 | 00:01:43 | 00:39:42 | 00:01:16 | 00:27:42 | 01:16:14 | 60 | 8 |
| Chris | Reddan | 381 | Male | 25-29 | | 00:08:40 | 00:01:52 | 00:38:43 | 00:00:50 | 00:26:12 | 01:16:18 | 61 | 4 |
| Joanne | Long | 213 | Female | 35-39 | Esporta Brighton | 00:06:49 | 00:00:56 | 00:39:47 | 00:00:22 | 00:28:27 | 01:16:21 | 62 | 1 |
| Paul | Twyford | 306 | Male | 45-49 | | 00:08:21 | 00:01:26 | 00:40:14 | 00:00:34 | 00:25:50 | 01:16:23 | 63 | 10 |
| Tess | Sandilands | 230 | Female | 35-39 | Brighton Phoenix Tri | 00:07:21 | 00:01:08 | 00:42:24 | 00:00:23 | 00:25:20 | 01:16:35 | 64 | 2 |
| Dan | Cox | 237 | Male | 30-34 | | 00:09:48 | 00:01:12 | 00:39:33 | 00:00:44 | 00:25:37 | 01:16:54 | 65 | 13 |
| Justin | Hains | 315 | Male | 35-39 | Royal Navy Triathlon | 00:09:58 | 00:01:30 | 00:39:20 | 00:00:38 | 00:25:42 | 01:17:07 | 66 | 14 |

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|----------|----------------|-----|--------|-------|------------------------------------|----------|----------|----------|----------|----------|----------|-----|----|
| Martin | Clare | 334 | Male | 35-39 | | 00:09:12 | 00:02:37 | 00:37:37 | 00:01:15 | 00:26:32 | 01:17:13 | 67 | 15 |
| James | Chapman | 335 | Male | 35-39 | | 00:09:10 | 00:01:49 | 00:38:15 | 00:00:59 | 00:27:19 | 01:17:32 | 68 | 16 |
| Luke | Smallman | 250 | Male | 40-44 | | 00:07:48 | 00:02:15 | 00:39:55 | 00:01:16 | 00:26:18 | 01:17:33 | 70 | 9 |
| William | Miles | 303 | Male | 50-54 | | | | | | | 01:17:33 | 69 | 4 |
| Robert | Sadler | 299 | Male | 40-44 | | 00:07:49 | 00:01:30 | 00:39:00 | 00:01:14 | 00:28:19 | 01:17:52 | 71 | 10 |
| Neil | Baker | 344 | Male | 45-49 | Esporta Brighton | 00:09:49 | 00:01:11 | 00:42:24 | 00:01:32 | 00:22:59 | 01:17:54 | 72 | 11 |
| John | Birkens | 341 | Male | 50-54 | | 00:09:03 | 00:01:39 | 00:40:57 | 00:00:38 | 00:25:38 | 01:17:55 | 73 | 5 |
| Claire | Edmonds | 274 | Female | 35-39 | David Lloyd Brighton | 00:08:00 | 00:01:42 | 00:40:51 | 00:00:46 | 00:26:41 | 01:17:59 | 74 | 3 |
| Andy | Hedges | 343 | Male | 30-34 | | 00:09:44 | 00:01:31 | 00:39:05 | 00:00:40 | 00:27:00 | 01:18:00 | 75 | 14 |
| James | Challis | 357 | Male | 30-34 | | 00:08:05 | 00:02:14 | 00:43:26 | 00:00:38 | 00:23:49 | 01:18:11 | 76 | 15 |
| Lee | Gulliver | 375 | Male | 35-39 | | 00:09:47 | 00:02:56 | 00:40:53 | 00:00:42 | 00:23:55 | 01:18:12 | 77 | 17 |
| Anthony | Randall-May | 305 | Male | 40-44 | Tuff Fitty Triathlon Club | 00:08:12 | 00:01:10 | 00:38:32 | 00:00:47 | 00:29:34 | 01:18:15 | 78 | 11 |
| Debbie | Boxall | 269 | Female | 30-34 | Tuff Fitty Triathlon Club | 00:08:11 | 00:00:42 | 00:40:43 | 00:00:33 | 00:28:19 | 01:18:27 | 79 | 2 |
| David | Charlesworth | 296 | Male | 35-39 | Chichester Westgate Triathlon Club | 00:06:36 | 00:01:38 | 00:41:00 | 00:00:49 | 00:28:38 | 01:18:40 | 80 | 18 |
| Matthew | Mackenzie | 373 | Male | 35-39 | | 00:09:20 | 00:02:03 | 00:39:42 | 00:00:59 | 00:26:45 | 01:18:50 | 81 | 19 |
| Bob | Perry | 271 | Male | 45-49 | | 00:08:18 | 00:01:45 | 00:38:43 | 00:00:34 | 00:29:55 | 01:19:15 | 82 | 12 |
| Martin | Butcher | 311 | Male | 50-54 | Tuff Fitty Triathlon Club | 00:09:06 | 00:01:46 | 00:38:50 | 00:00:44 | 00:29:03 | 01:19:29 | 83 | 6 |
| Michael | Clowes | 338 | Male | 40-44 | | 00:09:26 | 00:01:11 | 00:41:47 | 00:00:42 | 00:26:37 | 01:19:43 | 84 | 12 |
| Angela | Gates | 256 | Female | 30-34 | | 00:07:36 | 00:01:11 | 00:43:03 | 00:00:32 | 00:27:42 | 01:20:03 | 85 | 3 |
| Rupert | Clifford-Brown | 333 | Male | 35-39 | | 00:07:35 | 00:00:56 | 00:42:05 | 00:00:31 | 00:29:01 | 01:20:08 | 86 | 20 |
| Nicky | Carsons | 207 | Female | 45-49 | | 00:06:49 | 00:00:57 | 00:41:24 | 00:00:37 | 00:30:35 | 01:20:21 | 87 | 4 |
| Kieran | Lewer | 276 | Male | 40-44 | Swim 1st Triathlon Club | 00:07:13 | 00:00:57 | 00:41:21 | 00:00:51 | 00:30:06 | 01:20:27 | 88 | 13 |
| Richard | Day | 288 | Male | 40-44 | RG Active/ triandr | 00:07:56 | 00:01:40 | 00:40:54 | 00:01:05 | 00:28:56 | 01:20:30 | 89 | 14 |
| Fiona | Holdcroft | 292 | Female | 25-29 | | 00:07:02 | 00:01:18 | 00:43:45 | 00:00:38 | 00:27:54 | 01:20:36 | 90 | 4 |
| Ian | Parfremment | 278 | Male | 40-44 | | 00:10:00 | 00:02:23 | 00:39:27 | 00:00:42 | 00:28:07 | 01:20:38 | 91 | 15 |
| Greg | Middleton | 327 | Male | 40-44 | | 00:07:23 | 00:01:00 | 00:43:02 | 00:00:37 | 00:28:57 | 01:20:59 | 92 | 16 |
| Isobelle | Biggin | 234 | Female | 25-29 | Deal Tri | 00:07:39 | 00:01:20 | 00:43:49 | 00:00:45 | 00:27:36 | 01:21:08 | 93 | 5 |
| Ruth | Saunders | 304 | Female | 40-44 | Steyning AC | 00:07:56 | 00:02:15 | 00:44:49 | 00:01:17 | 00:25:00 | 01:21:16 | 94 | 2 |
| Matthew | Knight | 387 | Male | 40-44 | | 00:09:21 | 00:02:18 | 00:37:15 | 00:01:06 | 00:31:19 | 01:21:19 | 95 | 17 |
| Simon | Boxall | 268 | Male | 35-39 | | 00:07:54 | 00:01:17 | 00:41:37 | 00:00:21 | 00:30:28 | 01:21:36 | 96 | 21 |
| Jason | Hanks | 314 | Male | 40-44 | | 00:10:00 | 00:01:56 | 00:42:53 | 00:01:26 | 00:25:37 | 01:21:51 | 97 | 18 |
| Mark | Mills | 277 | Male | 40-44 | Chichester Westgate Triathlon Club | 00:08:37 | 00:01:46 | 00:43:23 | 00:00:48 | 00:27:23 | 01:21:56 | 98 | 19 |
| Benjamin | Bassett | 221 | Male | 20-24 | | 00:07:43 | 00:01:24 | 00:43:30 | 00:01:05 | 00:28:25 | 01:22:07 | 99 | 3 |
| Danny | Bruce | 385 | Male | 45-49 | Tuff Fitty Triathlon Club | 00:09:12 | 00:02:21 | 00:43:31 | 00:00:38 | 00:26:26 | 01:22:07 | 100 | 13 |
| Cathryn | Walsh | 300 | Female | 40-44 | Brighton Phoenix Tri | 00:08:55 | 00:01:16 | 00:41:18 | 00:00:47 | 00:30:00 | 01:22:16 | 101 | 3 |
| Chris | Dearnley | 261 | Male | 45-49 | | 00:09:15 | 00:02:19 | 00:40:42 | 00:01:02 | 00:29:12 | 01:22:29 | 102 | 14 |
| Robert | Luck | 366 | Male | 65-69 | East Grinstead Tri Club | 00:10:26 | 00:01:04 | 00:40:39 | 00:00:26 | 00:30:13 | 01:22:48 | 103 | 1 |
| Lucie | Park | 227 | Female | 20-24 | Deal Tri | 00:07:10 | 00:01:47 | 00:43:12 | 00:00:46 | 00:29:59 | 01:22:55 | 104 | 1 |
| David | Clarke | 281 | Male | 50-54 | | 00:08:46 | 00:01:42 | 00:40:01 | 00:00:46 | 00:31:42 | 01:22:56 | 105 | 7 |
| Steve | Tucker | 365 | Male | 40-44 | | 00:11:21 | 00:01:42 | 00:44:13 | 00:00:29 | 00:25:22 | 01:23:06 | 106 | 20 |
| Susannah | Bush | 353 | Female | 30-34 | | 00:09:08 | 00:02:06 | 00:43:16 | 00:01:32 | 00:27:40 | 01:23:41 | 107 | 4 |
| David | Cook | 307 | Male | 40-44 | | 00:08:39 | 00:03:17 | 00:41:47 | 00:00:51 | 00:29:34 | 01:24:07 | 108 | 21 |
| Emily | Jones | 321 | Female | 20-24 | Bodyworks XTC | 00:08:05 | 00:00:37 | 00:47:36 | 00:00:32 | 00:27:26 | 01:24:15 | 109 | 2 |
| Keith | Collier | 258 | Male | 45-49 | | 00:07:58 | 00:02:03 | 00:45:49 | 00:01:23 | 00:27:24 | 01:24:36 | 110 | 15 |
| Shaun | Dowling | 346 | Male | 40-44 | | 00:09:53 | 00:03:23 | 00:43:58 | 00:01:34 | 00:26:03 | 01:24:50 | 111 | 22 |
| Steve | Highwood | 298 | Male | 40-44 | | 00:07:24 | 00:02:03 | 00:42:03 | 00:00:42 | 00:32:59 | 01:25:11 | 112 | 23 |
| Nick | Bailey | 384 | Male | 55-59 | Portsmouth Triathletes | 00:09:52 | 00:01:34 | 00:41:37 | 00:01:19 | 00:31:09 | 01:25:31 | 113 | 2 |
| Matthew | Docwra | 302 | Male | 35-39 | | 00:08:35 | 00:01:31 | 00:42:05 | 00:00:38 | 00:32:55 | 01:25:43 | 114 | 22 |
| Steven | Johnson | 351 | Male | 40-44 | | 00:10:05 | 00:03:45 | 00:41:20 | 00:00:56 | 00:29:43 | 01:25:50 | 115 | 24 |
| Sally | O'keeffe | 372 | Female | 30-34 | | 00:08:13 | 00:03:09 | 00:45:57 | 00:01:51 | 00:27:24 | 01:26:34 | 116 | 5 |
| Mark | Schwarz | 370 | Male | 45-49 | | 00:08:42 | 00:02:19 | 00:44:25 | 00:00:41 | 00:30:29 | 01:26:36 | 118 | 16 |
| Graham | Derrick | 396 | Male | 20-24 | Team Knowles Tooth | 00:08:47 | 00:02:54 | 00:41:55 | 00:00:38 | 00:32:21 | 01:26:36 | 117 | 4 |
| Jonathan | O'keeffe | 194 | Male | 35-39 | | 00:09:33 | 00:03:26 | 00:43:52 | 00:00:56 | 00:29:06 | 01:26:53 | 119 | 23 |
| Sandra | Stevens | 259 | Female | 40-44 | Amphibians 2 TC | 00:09:09 | 00:01:48 | 00:46:01 | 00:01:27 | 00:28:41 | 01:27:06 | 120 | 4 |
| Carol | Killick | 340 | Female | 65-69 | Steyning AC | 00:11:09 | 00:02:14 | 00:43:34 | 00:00:55 | 00:29:36 | 01:27:28 | 121 | 1 |
| Louise | Lawrence | 253 | Female | 35-39 | | 00:07:25 | 00:03:45 | 00:48:45 | 00:00:50 | 00:26:50 | 01:27:33 | 122 | 4 |
| Kay | Bowen | 329 | Female | 35-39 | | 00:10:25 | 00:01:32 | 00:41:48 | 00:01:21 | 00:32:54 | 01:28:00 | 123 | 5 |
| Richard | Anstis | 236 | Male | 40-44 | | 00:08:53 | 00:02:24 | 00:46:30 | 00:00:45 | 00:29:40 | 01:28:11 | 124 | 25 |
| Gill | Checkley | 337 | Female | 35-39 | Brighton Phoenix Tri | 00:10:43 | 00:01:32 | 00:48:50 | 00:00:33 | 00:26:36 | 01:28:14 | 125 | 6 |
| Vicky | Hampshire | 356 | Female | 35-39 | | 00:09:55 | 00:01:22 | 00:46:58 | 00:00:41 | 00:29:20 | 01:28:15 | 126 | 7 |
| Federico | Gibson | 280 | Male | 35-39 | | 00:09:49 | 00:02:15 | 00:41:57 | 00:02:08 | 00:32:13 | 01:28:22 | 127 | 24 |
| Quinn | Worth | 348 | Male | 25-29 | | 00:11:40 | 00:02:39 | 00:45:24 | 00:01:24 | 00:28:16 | 01:29:23 | 128 | 5 |
| Jayne | Dearnley | 266 | Female | 45-49 | | 00:10:40 | 00:02:18 | 00:48:37 | 00:00:28 | 00:27:35 | 01:29:38 | 129 | 5 |
| Calvin | Wickham | 354 | Male | 50-54 | | 00:08:53 | 00:01:33 | 00:47:51 | 00:00:48 | 00:31:12 | 01:30:16 | 130 | 8 |
| Martine | Waller | 369 | Female | 40-44 | | 00:09:29 | 00:02:21 | 00:47:28 | 00:01:08 | 00:30:15 | 01:30:40 | 131 | 5 |
| Kerry | Barker | 392 | Female | 40-44 | | 00:12:32 | 00:01:30 | 00:45:06 | 00:00:43 | 00:31:09 | 01:31:00 | 132 | 6 |
| Stuart | Bunce | 319 | Male | 20-24 | Chichester Westgate Triathlon Club | 00:08:29 | 00:01:59 | 00:46:07 | 00:00:25 | 00:34:04 | 01:31:03 | 133 | 5 |
| Anna | Parfremment | 322 | Female | 40-44 | | 00:09:03 | 00:02:36 | 00:48:52 | 00:00:42 | 00:30:01 | 01:31:14 | 134 | 7 |

| | | | | | | | | | | | | | |
|-------------|------------|-----|--------|--------|------------------------------------|----------|----------|----------|----------|----------|-------------|-----|----|
| Ricky | Doran | 397 | Male | 30-34 | | 00:10:27 | 00:02:42 | 00:52:47 | 00:00:20 | 00:25:15 | 01:31:31 | 135 | 16 |
| Monieka | Bos | 283 | Female | 40-44 | | 00:07:47 | 00:01:52 | 00:45:54 | 00:00:59 | 00:35:03 | 01:31:34 | 136 | 8 |
| Amanda | Adams | 388 | Female | 40-44 | | 00:09:39 | 00:02:03 | 00:49:04 | 00:00:32 | 00:30:22 | 01:31:39 | 137 | 9 |
| Nicola | Rendle | 316 | Female | 40-44 | | 00:09:58 | 00:01:56 | 00:48:58 | 00:00:34 | 00:30:35 | 01:32:00 | 138 | 10 |
| Lucy | Blain | 320 | Female | 30-34 | Chichester Westgate Triathlon Club | 00:08:24 | 00:03:00 | 00:51:01 | 00:01:01 | 00:28:46 | 01:32:12 | 139 | 6 |
| Steve | Edwards | 390 | Male | 50-54 | | 00:10:31 | 00:02:42 | 00:47:05 | 00:00:58 | 00:31:05 | 01:32:21 | 140 | 9 |
| Paul | Dorkings | 332 | Male | 30-34 | | 00:09:23 | 00:02:11 | 00:46:42 | 00:00:54 | 00:34:09 | 01:33:20 | 141 | 17 |
| L | Brodie | 363 | Female | 40-44 | | 00:11:31 | 00:01:59 | 00:47:10 | 00:00:33 | 00:32:13 | 01:33:25 | 142 | 11 |
| Spike | Burbadge | 336 | Male | 35-39 | | 00:12:53 | 00:02:27 | 00:44:55 | 00:01:27 | 00:33:04 | 01:34:46 | 143 | 25 |
| Conell | Loggenberg | 350 | Male | 35-39 | | 00:09:23 | 00:03:38 | 00:52:00 | 00:02:09 | 00:27:40 | 01:34:49 | 144 | 26 |
| Rhonda | Mcneill | 257 | Female | 35-39 | Portsmouth Triathletes | 00:07:40 | 00:02:21 | 00:50:41 | 00:00:46 | 00:34:04 | 01:35:32 | 145 | 8 |
| Sue | Gilmore | 352 | Female | 45-49 | | 00:11:27 | 00:02:22 | 00:51:44 | 00:00:52 | 00:29:12 | 01:35:36 | 146 | 6 |
| Iona | Moore | 263 | Female | 30-34 | | 00:09:10 | 00:02:14 | 00:51:41 | 00:01:16 | 00:31:26 | 01:35:48 | 147 | 7 |
| Helen | Hunt | 200 | Female | 40-44 | | 00:10:34 | 00:02:35 | 00:50:34 | 00:01:09 | 00:31:25 | 01:36:16 | 148 | 12 |
| Tania | Almond | 289 | Female | 45-49 | | 00:10:54 | 00:02:40 | 00:47:00 | 00:00:48 | 00:34:58 | 01:36:21 | 149 | 7 |
| Cathryn | Bush | 326 | Female | 40-44 | | 00:08:41 | 00:02:29 | 00:51:31 | 00:00:43 | 00:33:00 | 01:36:24 | 150 | 13 |
| Gayleen | Scott | 347 | Female | 60-64 | | 00:09:27 | 00:04:25 | 00:52:04 | 00:02:07 | 00:28:27 | 01:36:31 | 151 | 1 |
| Craig | Milne | 264 | Male | 40-44 | | 00:07:51 | 00:03:13 | 00:54:00 | 00:00:33 | 00:32:15 | 01:37:50 | 152 | 26 |
| Kate | Phillips | 394 | Female | 35-39 | | 00:10:25 | 00:02:57 | 00:50:38 | 00:01:17 | 00:32:37 | 01:37:54 | 153 | 9 |
| Daniel | Van Duyne | 391 | Male | 35-39 | | 00:09:56 | 00:02:28 | 00:54:21 | 00:00:50 | 00:30:44 | 01:38:18 | 154 | 27 |
| Debbie | East | 378 | Female | 25-29 | | 00:08:37 | 00:05:14 | 00:49:55 | 00:00:32 | 00:34:12 | 01:38:29 | 155 | 6 |
| Graham | Phillips | 358 | Male | 60-64 | | 00:11:45 | 00:02:26 | 00:51:42 | 00:00:40 | 00:32:09 | 01:38:42 | 156 | 2 |
| Malgorzata | Tomicka | 323 | Female | 25-29 | | 00:08:54 | 00:04:07 | 00:50:33 | 00:02:37 | 00:33:05 | 01:39:16 | 157 | 7 |
| Dan | Rawlins | 355 | Male | 35-39 | | 00:09:18 | 00:01:29 | 00:54:12 | 00:02:17 | 00:34:23 | 01:41:39 | 158 | 28 |
| Liz | Miles | 309 | Female | 45-49 | | 00:09:13 | 00:02:52 | 00:50:26 | 00:00:47 | 00:39:34 | 01:42:52 | 159 | 8 |
| Jackson | Platt | 399 | Male | Youth | | 00:09:03 | 00:03:43 | 00:58:44 | 00:00:35 | 00:31:57 | 01:44:01 | 160 | 1 |
| Stuart | Peck | 193 | Male | 40-44 | | 00:08:30 | 00:01:21 | 00:57:08 | 00:00:34 | 00:37:03 | 01:44:35 | 161 | 27 |
| Cary | Scholey | 330 | Male | 45-49 | | 00:10:55 | 00:07:03 | 00:45:20 | 00:03:30 | 00:38:49 | 01:45:36 | 162 | 17 |
| Kate | Fletcher | 389 | Female | 40-44 | | 00:11:38 | 00:03:55 | 00:55:03 | 00:00:44 | 00:37:17 | 01:48:36 | 163 | 14 |
| Helen | Keevy | 317 | Female | 35-39 | | 00:08:34 | 00:04:14 | 00:59:34 | 00:01:09 | 00:35:51 | 01:49:22 | 164 | 10 |
| Rebecca | Taylor | 359 | Female | 45-49 | Chichester Westgate Triathlon Club | 00:10:52 | 00:02:49 | 00:56:06 | 00:01:16 | 00:39:31 | 01:50:32 | 165 | 9 |
| Caroline | Childerley | 362 | Female | 40-44 | | 00:09:18 | 00:02:06 | 01:04:43 | 00:00:49 | 00:34:09 | 01:51:04 | 166 | 15 |
| Sarah | Leach | 360 | Female | 40-44 | | 00:12:18 | 00:03:05 | 01:02:19 | 00:00:48 | 00:33:06 | 01:51:35 | 167 | 16 |
| Nina | Couchman | 398 | Female | 55-59 | | 00:10:22 | 00:02:52 | 00:56:44 | 00:01:00 | 00:42:18 | 01:53:15 | 168 | 1 |
| Fiona | Scholey | 331 | Female | 45-49 | | 00:13:20 | 00:05:09 | 00:57:42 | 00:01:29 | 00:41:01 | 01:58:41 | 169 | 10 |
| Elaine | Quinn | 197 | Female | 45-49 | | 00:14:12 | 00:02:12 | 01:01:12 | 00:01:00 | 00:53:20 | 02:11:56 | 170 | 11 |
| Christopher | Lee | 244 | Male | 50-54 | Steyning AC | 00:08:00 | 00:00:29 | 00:38:50 | 00:00:29 | | DNF | | |
| Paul | Walker | 290 | Male | 35-39 | | 00:08:27 | 00:01:46 | | | | DNF | | |
| Oliver | Bailey | 198 | Male | Junior | | | | | | | Non starter | | |
| Colin | Piper | 371 | Male | 40-44 | | | | | | | Non starter | | |
| Emma-Louise | Burt | 199 | Female | 25-29 | | | | | | | DNS | | |
| Stuart | Wighton | 205 | Male | 45-49 | | | | | | | DNS | | |
| Harry | Gardiner | 214 | Male | Youth | | | | | | | DNS | | |
| Matt | Horstead | 235 | Male | 35-39 | Dartagnan Tri | | | | | | DNS | | |
| Gavin | Smith | 245 | Male | 45-49 | Square Mile Triathlon | | | | | | DNS | | |
| Garret | Turley | 247 | Male | 40-44 | Southdown Velo | | | | | | DNS | | |
| Sian | Buckingham | 251 | Female | 45-49 | | | | | | | DNS | | |
| Rob | Burford | 252 | Male | 45-49 | Chichester Westgate Triathlon Club | | | | | | DNS | | |
| Helder | Dos Santos | 265 | Male | 30-34 | | | | | | | DNS | | |
| Victoria | Cole | 267 | Female | 35-39 | | | | | | | DNS | | |
| John | Burgess | 270 | Male | 40-44 | Steyning AC | | | | | | DNS | | |
| Ian | Clark | 282 | Male | 55-59 | | | | | | | DNS | | |
| James | Baird | 284 | Male | 40-44 | | | | | | | DNS | | |
| Gideon | Sherwood | 287 | Male | 35-39 | Royal Navy Triathlon | | | | | | DNS | | |
| Tessa | Meijer | 297 | Female | 45-49 | BCTTT | | | | | | DNS | | |
| Adam | Friend | 308 | Male | 30-34 | | | | | | | DNS | | |
| Glenn | Snook | 313 | Male | 50-54 | | | | | | | DNS | | |
| Susie | Viner | 328 | Female | 25-29 | Steyning AC | | | | | | DNS | | |
| James | Rainer | 339 | Male | 25-29 | | | | | | | DNS | | |
| Fiona | Holden | 345 | Female | 45-49 | | | | | | | DNS | | |
| Andrew | Rembrandt | 349 | Male | 30-34 | | | | | | | DNS | | |
| James | Fox | 361 | Male | 40-44 | | | | | | | DNS | | |
| Rob | Walker | 364 | Male | 40-44 | | | | | | | DNS | | |
| Robert | Powell | 367 | Male | 65-69 | | | | | | | DNS | | |
| Simon | Aspital | 368 | Male | 45-49 | | | | | | | DNS | | |
| Lee | Gulliver | 374 | Male | 35-39 | | | | | | | DNS | | |
| Gemma | Freeman | 376 | Female | 30-34 | | | | | | | DNS | | |
| Gareth | Fitzgerald | 377 | Male | 25-29 | | | | | | | DNS | | |

