

## Lezyne Steyning Triathlon 2017

Hi

We hope your training has been going well and you're ready for next Sunday's race.

Race details and maps are on the event page of the website. Swim start times will be posted here next week, but the race details will give you a rough idea of when you're likely to start. **PLEASE MAKE SURE YOU READ THE RACE DETAILS**. You will need to be on poolside 10-15 minutes before your start time. Our aim is to get you all out on the road before 10:00hrs. The start times are only approximate and only as accurate as your estimated swim time. There are quite a few random times estimated so we could be running earlier (or later) than anticipated, but please be ready on time.

Registration is only on Sunday; collect your race pack, T-Shirt & Clif Bar. Don't forget your race entry fee includes FREE unlimited image downloads with our partners at Sussex Sport Photography.

As in previous years we will be sharing part of the cycle course with a 25mile time trial on Sunday. Please make sure you know where you are going – there are marshals for both events on the roundabouts. In the Standard race please be aware when you emerge onto the A24 southbound from Ashington as the TT will also be on the road - please have your wits about you!

Parking is at the rear of the Leisure Centre in Steyning Grammer School; Shooting Field, Steyning, West Sussex BN44 3RX which will be signed. You can walk through the back of the school and emerge next to the Cuthman Centre where registration is located – this is also signed.

We look forward to seeing you on Sunday and will be in contact again after the weekend.

Team Raw Energy  
Raw Energy Pursuits  
[www.rawenergypursuits.co.uk](http://www.rawenergypursuits.co.uk)